

Scoops of Information & Inspiration!

DURHAM COUNTY DEPARTMENT OF SOCIAL SERVICES



TAKE A PEEK!

As you read through our news bulletin, don't forget to send us pictures if you try a recipe or if you want to share a celebration or helpful scoop! We provide you updates on our numerous programs, but also provide you with practical living tips with a healthy dose of INSPIRATION

To get your SCOOPS delivered to your inbox, email: DCoDSSPublicInformation@dconc.gov

Thankful for YOU

Are you excited for the holiday season? Thanksgiving is that great time of year to be reflective about what we're THANKFUL for. We are thankful for YOU, our clients, stakeholders, vendors & supporters. We hope that you have a wonderful time with friends and family.





Comfort Food for the Autumn & Winter

AL ROKER'S CHILLI & CORNBREAD



AL ROKER IS KNOWN FOR THE WEATHER & HIS CULINARY SKILLS!

Ingredients

- 1½ pounds boneless beef chuck eye steak, cut into 1-inch cubes
 - 1½ teaspoons kosher salt
 - 1 tablespoon canola oil
 - 1 medium Vidalia onion, diced
- 10 garlic cloves, chopped
- 1 pound hot Italian sausage, removed from the casings
- 1 tablespoon ground cumin
 - 1 tablespoon paprika
 - 1 tablespoon ancho chili powder
 - 1 (28-ounce) can crushed tomatoes
- 1 cup beef stock
- 1 (15-ounce) can pinto beans, rinsed and drained
- 1 (15-ounce) can kidney beans, rinsed and drained
- 1 (15-ounce) can great northern beans, rinsed and drained
- Chopped scallions, shredded cheddar cheese, and sour cream for serving



The dynamic duo of
Katie Couric & Al Roker
have reunited to make
Al's famous chilli in
Katie's kitchen! Check
out this video:
bit.ly/3CjHfn1



Contin. Al Roker's Chilli & Cornbread

Instructions

- 1. Pat the beef dry with paper towels and season with the salt. Heat the oil in a large Dutch oven over medium-high heat. Add half of the beef and brown well on all sides, about 5 minutes; do not crowd the chunks, as you want the meat to brown, not steam! Transfer to a plate. Add the remaining beef, brown it on all sides, and transfer to the plate.
- 2. Turn the heat down to medium-low. Add the onion and garlic and cook until the onion is translucent, about 3 minutes. Add the sausage and cook, breaking up the meat, until it's no longer pink, about 5 minutes. Add the cumin, paprika, and ancho chili powder and cook for 1 minute, stirring constantly. Return the browned chuck to the pan, along with the crushed tomatoes and beef stock and stir. Cover, turn the heat down to low, and simmer for about 1½ hours, until thickened.
- Add the pinto beans, kidney beans, and great northern beans, cover, and cook for 30 minutes to heat the beans through and blend the flavors.
- 4. Serve the chili with scallions, shredded cheese, and sour cream for topping.

 Note: Chuck steak is known as poor man's ribeye. Some great substitutes are boneless chuck roast, short ribs, or brisket.

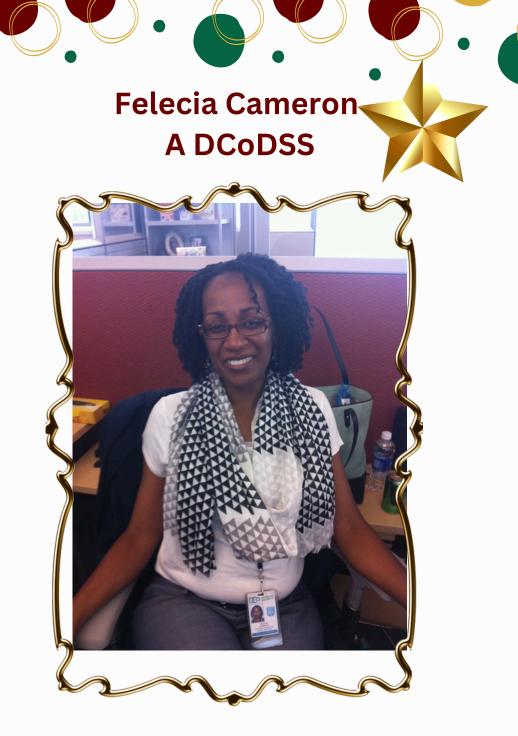


Ingredients

- 1 cup all-purpose flour
- 1 cup yellow cornmeal
 - ⅓ cup granulated sugar
- 1 tablespoon baking powder
- 1 teaspoon kosher salt
- 1 cup whole milk
 - 2 large eggs
 - ¼ cup sour cream
- 8 tablespoons (1 stick) unsalted butter, melted
- Salted butter for serving Instructions
- 1. Preheat the oven to 350°F. Lightly grease a large cast-iron skillet with nonstick cooking spray.
- 2. Whisk together the flour, cornmeal, sugar, baking powder, and salt in a large bowl. Whisk in the milk, eggs, and sour cream, but don't overmix. Add the melted butter and gently stir to combine.
- 3. Pour the batter into the prepared skillet and bake for about 25 minutes, until the center is firm and a toothpick inserted into the center comes out clean.
- 4. Cool for 10 minutes. Serve with butter.
 Note: If you don't have a cast-iron skillet,
 an ovenproof skillet or baking dish will
 work, though your cornbread may not be as
 crisp.

Al Roker's Grandmother's homemade cornbread is worth the try!





"Felecia Cameron received acclamation from DSS leadership, staff and Traverse for her management through the Traverse Project. Felicia has excelled at Durham County DSS for 25 years. She is always willing to utilize her knowledge and technology skills to help staff. Felecia's genuine character, pleasant personality and smile exhibits a DCoDSS Star."

Submitted by: Montrella R. Springfield, Senior Administrator Office to the Social Services Director

Adoption Sneaker Ball November Is National Adoption Awareness Month











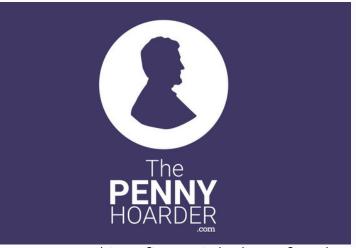
the Adoption Sneaker Ball at the Durham Hilton this year! Our speaker, Chauncey Strong, MSW was dynamic! Our emcee was **Dejuan Hoggard**, anchor/reporter from ABC11 News. The kids started their dance party before the program began! While everyone was dressed up, no one left with sore feet! Thanks to wearing our sneakers! A special shout out goes our DCoDSS Adoption Team for planning and organizing the event. Thank you to all of the 'forever families' that participated.







How to Stop Impulse Buying Just in Time for the Holiday's <u>bit.ly/3YVKNnc</u>



Are you making financial plans for the new year? Get armed with easy to understand tips and resources from our favorite publication! Visit: https://www.thepennyhoarder.com





Mind your budget this holiday season. The best gifts in life are free.





Celebrations at DCoDSS



Several of our staff members graduated from the Durham County
Leadership Academy. This program offers emerging leaders from
across the County the opportunity to participate in a unique 9-month
professional development initiative. Congratulations to: Regina

Giddings; Kelsey Howard; Jasmone Robinson; Tiffany Wilson; Ashleigh
Crawley-Scoggins; Adolfo Rodriguez Nava; Yahira Santana; Maria
Thorpe; Brittany Walker; Kashondra Young-Buckner. County
Commissioner Wendy Jacobs & Durham County Manager Claudia
Hager were present to offer their congratulations!

At DCoDSS We Lead and Give Back













#HelpingOurNeighbors #NorthCarolinaStrong

P.S. A special thanks goes to DCoDSS' own **Nikia Johnson**, for keeping track of our donation inventory and loading up our van to overflowing capacity!



DO YOU NEED HELP WITH YOUR HEATING BILL?



Starting December 1, 2024 DCoDSS will begin taking applications for LIEAP-The Low Income Energy Assistance Program. Applicants aged 60+ who receive services through DCoDSS' Aging & Adult Services are eligible to apply. Also, those with disabilities and who receive Food & Nutrition Services may apply. Call (919) 560-8192 to make a virtual appointment with our LIEAP Specialists. On January 2, 2025, all Durham residents may apply online as well at: https://epass.nc.gov. Paper applications are available at our offices as well, 414 E. Main St. in downtown Durham.

The LIEAP Program ends March 31, 2025.





