



## Public Health

# Durham Joins Together Saving Lives

January 19, 2023

Via Zoom

**Minutes**

**Co – Chairs:** Dr. Wanda Boone, CEO of Together for Resilient Youth (TRY) & Wendy Jacobs, Vice Chair of Board of Commissioners

Attending: Dr. Wanda Boone (Pinnacle Community Development Corporation), Paula Harrington (Oxford Housing), Faye Calhoun (NCCU Chancellor’s Office), Erlene Johnson (NCCU), Nicole Schramm-Sapyta (Duke Brain Sciences) and Dr. B. Angelo Burch- all representing TRY.

Commissioner Wendy Jacobs (BOCC), Adriana Williams (DCo Gov Strategic Initiatives Analyst), Lindsey Bickers-Bock, Lacie Scofield and Donna Rosser- (DCoDPH), Gudrun Parmer and Katie Conyers (CJRC), Captain Helen Tripp (DCo Community Paramedics), Cindy Haynes (Duke Clinical and Translational Science Initiative (CTSI)), Fred Johnson (Duke Population Health Management Office), Kay Sanford (Retired Injury Epidemiologist and OD Prevention Advocate), Carlyle Johnson (Alliance Health), Arthur Payne (Morse Clinic of Durham), Captain Alicia McKinney, Major Spencer, Sergeant Antoinette Page, Tammy Vaughan & Major Sean Barnes (DCo Sheriff’s Office)

Time	Agenda Items	Notes
5:30-5:40	Welcome and Introductions – Commissioner Wendy Jacobs, Task Force Co-Chair	<ul style="list-style-type: none"> <li>Commissioner Jacobs welcomed everyone and thanked them for their attendance. She asked that they introduce themselves, including their name, agency/organization and to share one thing they are feeling hopeful about in the new year.</li> <li>Commissioner Jacobs thanked everyone for sharing what inspires them in 2023 and suggested decreasing Q &amp; A segments on the agenda by 5-minutes each to get back on schedule.</li> </ul>
5:40-5:55	Update and Q & A, NC Opioid Settlement and Next Steps for Durham County– Gudrun Parmer, Interim General Manager for Safe Community	<ul style="list-style-type: none"> <li>Commissioner Jacobs introduced Gudrun Parmer to cover next item on the agenda.</li> <li>Gudrun began by announcing that National Opioid Survey launched and hoped that everyone on call had taken it. Following the launch, a paper version of survey with language easier to understand was released. She would like for persons directly impacted, without access to online version to take survey. Initially hoping to close survey by mid-January. Now expect to have open thru January 30-31. As of Tuesday, January 17, 2023, had 235 online surveys received and keyed in.</li> <li>Hopes to speak to BOCC at February Work Session, to get feedback on possibility of 2-3 virtual/in-person community focus groups or listening sessions during month of February. Envisioning the following:               <ul style="list-style-type: none"> <li>Providers/professionals</li> <li>Individuals directly impacted and</li> <li>Community.</li> </ul> </li> </ul>

		<ul style="list-style-type: none"> <li>Plan to take information received, back to BOCC, who will decide between Option A and Option B strategies. Once decision made, determinations concerning disbursement can be made.</li> </ul> <p>One disbursement already received (\$900,000). Future disbursements averaging \$500,000 annually.</p> <ul style="list-style-type: none"> <li>Hopes to be further along in process by next meeting of DJT Task Force and that BOCC will decide on how to include this group in process.</li> </ul> <p>Q: Commissioner Jacobs asked if Donna could send the paper survey out.  A: Gudrun said paper surveys were sent to MH SUD Tx Committee. Donna will send paper survey to taskforce that was condensed to three pages. It includes instructions for returning surveys once completed.</p> <p>Q: Commissioner Jacobs expressed concern for time involved in strategic planning process required for Option B. Wonders if DJT Task Force would like role in recommending Option A over Option B to BOCC.  A: Gudrun suggested DJT Task Force hold listening session and make recommendations.</p>
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**Committee Reports**

<p>5:55-6:15</p>	<p>Prevention and Education –Dr. Wanda Boone</p> <ul style="list-style-type: none"> <li>Outreach, Data, Results and Outcomes</li> </ul> <p>New street drug-Tranq Dope</p>	<p>Dr. Boone reported on the following:</p> <ul style="list-style-type: none"> <li>Update since last quarter: <ul style="list-style-type: none"> <li>Total outreach over 3 months = 1,190</li> <li>Television = 10,662</li> <li>Article = 264,812 impressions</li> <li>CDC Conference = 220 participants</li> <li>Follow-up requests for presentations in recovery community = 43 participants in ACE’s Resilience 101 Community Ambassadors Cohort 3 = 12</li> </ul> </li> <li>Shared November 2022 Overdose Statistics for Durham County. Numbers of overdoses among Blacks, compared to whites continue to increase, compared to numbers from 2020 Community Health Assessment.</li> <li>Shared list of programs recommended by CDC to address overdose and those TRY is currently implementing in community.</li> <li>Drug Guide for parents and community with information and descriptions of various drugs. <ul style="list-style-type: none"> <li>Also shared information on Tranq Dope (Xylazine), a non-opioid sedative pain medication that can be mixed in or used along with other opioids like heroin or fentanyl. Sedative effects may last several hours and cannot be reversed with Naloxone.</li> </ul> </li> </ul>
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		<ul style="list-style-type: none"> <li>Has inquiry out to DEA about presence of Tranq Dope in Durham.</li> </ul> <p>See link to PPT for remaining report details below</p> <p><a href="#">DJT 11923.pdf</a></p>
6:15-6:25	<ul style="list-style-type: none"> <li>Q &amp; A</li> </ul>	<p>Cindy Haynes congratulated Dr. Boone on good work, as always.</p> <p>Q: Commissioner Jacobs asked if any cases of Tranq Dope exposure showing up in Durham.</p> <p>A: Arthur Payne said not showing up in patient population. However, patients traveling to other states are reporting it as a problem.</p> <p>A: Kay Sanford shared information about physician working with state and national Harm Reduction Coalitions, has set up special laboratory to which folks can send in samples of drugs to identify the presence of Xylazine and other drugs. Will share this information with taskforce. Recommends reaching out to Durham’s Harm Reduction Coalition for information on accessing the database to determine contaminants and prevalence in drug supply.</p> <p>A: Dr. Boone added she should hear from DEA soon. Reason for sharing Drug Guide with community is to acknowledge new drugs will continue to show up. Her committee’s focus is on determining root causes of drug use and how to prevent it.</p> <p>Q: Commissioner Jacobs asked if Prevention &amp; Education will educate community on Tranq Dope.</p> <p>A: Dr. Boone responded, “yes.”</p> <p>Cpt McKinney said good information to share with clinicians in Detention Center.</p> <p>Dr. Boone emphasized at present, Fentanyl-laced marijuana, alcohol and opioids are still the greatest challenges seen in Durham.</p> <p>A: Donna asked Dr. Boone to expound upon information on overdoses in Black population.</p> <p>A: Dr. Boone pointed out in 2020 Community Health Assessment, overdoses among Black people was at about 50%. Now at about 60%.</p> <p>Whole Health Ambassadors program works with individuals to get them linked to treatment and support them in recovery.</p> <p>Arthur Payne also mentioned disparity between people accessing care in Black/African American community</p> <p>Dr. Boone said because not enough peer support specialists that look like Black and brown community.</p>
6:25-6:45	<p>MH SUD Tx– Gudrun Parmer and Carlyle Johnson</p> <ul style="list-style-type: none"> <li>New Community Paramedics Initiatives – Helen Tripp</li> </ul>	<p>Gudrun shared outline of MH SUD Tx Committee Report to include:</p> <ul style="list-style-type: none"> <li>-Update on new Community Paramedics initiatives from Helen Tripp</li> <li>- Update on Detention Center MAT program from Cpt. Alicia McKinney</li> <li>-Update from Carlyle Johnson on Alliance</li> <li>-Gudrun would follow up with a brief announcement on behalf of committee.</li> </ul>

Medication Assisted Treatment in the Detention Center – Sheriff’s Office

**Helen Tripp reported as follows:**

- Since 2018, EMS working diligently on post-overdose response. Community Paramedics follow up with anyone having 911 emergency related to opioids. Provide Narcan and list of community resources. Began partnering with DRRC and peer navigators to have greater reach in community.
- Last fall, received two grants
  - SAMHSA grant – First Responder Comprehensive Addiction and Recovery Act Grant

Primary goal: Get more harm reduction into the community. Do this by work with first responders and community to get Narcan into their hands in case they encounter opioid-related overdose.

In year 2, grant also supports starting MAT in the field following overdose when 911 ambulance responds.

- NC DHHS grant which will allow the start of MAT in the field this year.

In process of training additional paramedics to administer Buprenorphine post-overdose. Community paramedics and PSS will follow-up, up to 7-days after overdose to continue Buprenorphine and connect with community provider. PSS position in HR.

Several providers in Durham County approached to offer clients with different needs best chance for recovery.

Follow-up with clients at 30-days, 6-months and 1-year. Borrowed from CLC survey. Wants to use follow-up strategy proven to work.

Hope to start MAT in March 2023.

- By next meeting, should have good update.

**CPT. McKinney reported as follows:**

Detention Center MAT program first in NC.

- DCo Sheriff’s Office launched Detention Center MAT program in September 2019. Branded program Sheriff’s Medication Assisted Restorative Treatment (SMART) Program.
  - Focused on decreasing withdrawal and overdose for participants, increasing treatment stability and compliance.
  - Increase recovery, stability, individual self-regulation post-release.
- Shared list of SMART program team members also shared options (Phase 1-MAT Continuation/Phase 2-MAT Induction) for detainees to enter SMART program to receive MAT services, wraparound services and discharge and follow-up care.
  - Shared information on ADA and DOJ guidance for MAT in detention facilities.
- Presented data from SMART Dashboard as follows:

		<ul style="list-style-type: none"> <li>○ Program began in 2019. To date, served 337 detainees.</li> <li>○ Phase 1=259 detainees</li> <li>○ Phase 2=78 detainees</li> <li>○ Phase 2 launched in November</li> </ul> <p>See PPT attached to update for full report</p> <p><b>Carlyle shared information on Alliance as follows:</b></p> <ul style="list-style-type: none"> <li>● Oxford House contract in place</li> <li>● Contract for Morse Clinic to see uninsured and Medicaid clients in Durham.</li> <li>● In 10 weeks, Alliance Tailored Plan goes live.</li> <li>● Detention Center MOUD program in Durham makes it difficult for five other counties served by Alliance to justify not having a Detention Center MAT program.</li> <li>● R.J. Blackley (Alcohol/drug abuse treatment center) closing. Last day of intake is 2/14/23 and closing 2/28/23. .</li> <li>● Working on state budget. Have money from General Assembly. Waiting to find out how funds may be spent. May be able to spend on Naloxone, drug testing etc. May have short (30-day) turnaround.</li> </ul> <p><b>Gudrun announced the following:</b></p> <ul style="list-style-type: none"> <li>● CLC program grant funding will end after May 2023. Most recent grant applications not successful. Lacie brought to attention of MH SUD Tx. Committee for possible solutions. Unanimous decision by committee that program is important and supports its continuation.</li> </ul>
6:45-6:55	Q & A	<p>Dr. Boone shared in chat that Rutherford County was the first in NC to have detention center MAT program. Commissioner Jacobs said great presentations and asked Cpt. McKinney to share slides with Donna to send out.</p> <p>Shared that initial funds for Detention Center MAT program came thru this committee and thru Dr. Boone’s help with UNC SOG grant and Collective Impact Model. When funding ended, BOCC took it over. Now, program locally funded.</p> <p>Pointed out many initiatives began as a part of this group.</p> <p>Q: Asked if following release from detention center, can individuals get to appointments and see peer support specialists in-person? Do they have transportation, housing a job, food?</p> <p>Would like to know if systems are working.</p> <p>Are clients assessed for mental health needs and are those needs addressed.</p> <p>Mentioned data on effect of peer support on individuals remaining in treatment and need to find funding for CLC program.</p>

		<p>Adriana mentioned in chat she agreed with Commissioner Jacobs.</p> <p>A: Cpt. McKinney agreed there are challenges in the areas mentioned by Commissioner Jacobs once detainees released. Funding needed to address these challenges.</p> <p>Q: Paula Harrington said Oxford Housing used to do presentations for STAR program before COVID. Wondering when they can resume.</p> <p>A: Cpt. McKinney said still having active COVID cases in Detention Center. . , Paula said willing to do presentations for any agencies requesting.</p> <p>Q: Commissioner Jacobs asked if Gudrun could request an update from R.I. DRRC at next meeting.</p> <p>A: Gudrun said she would contact Joy Brunson Nsubuga but suggested that the request come from Carlyle.</p>
6:55-7:00	Final Discussion, and Closing Remarks	<ul style="list-style-type: none"> <li>• Commissioner Jacobs turned meeting over to Dr. Boone to wrap up.</li> <li>• Dr. Boone thanked everyone for joining. Added that everyone is valuable to the process of preventing overdose and giving attention to other substances and trauma. .</li> </ul>
<b>Next Meeting:</b> Thursday, March 23, 2023		Location: Zoom

### Schedule for Durham Joins Together committees:

Prevention/Education – 2<sup>nd</sup> Wednesday 10:30am Virtual

Mental Health and SUD/Treatment and Data – 2<sup>nd</sup> Tuesdays 3:00 PM

Policy – To be determined