

VOLUME 25 JUNE 2023

Scoops of Information & Inspiration!



DURHAM COUNTY DEPARTMENT OF SOCIAL SERVICES



CHIME IN!

We would love to hear from you! Feel free to share celebrations, tips or suggestions. Send us a selfie, and it might make it in SCOOPS! We like recognizing friends of DCoDSS 

To get your SCOOPS delivered to your inbox, email:

DCoDSSPublicInformation@dconc.gov



Congratulations to our graduates all across the Triangle! Especially those from NCCU, UNC & DUKE!



Learn some fun facts here about the Origins of 7 Graduation Traditions
bit.ly/3JDV2ph

This Egg Roll in a Bowl comes together in 15 minutes and is packed with protein and flavor. Made with either ground pork or beef, cabbage, garlic, ginger, sesame oil, soy sauce, and green onions.

INGREDIENTS:

- 1 lb ground beef or pork
- 1 teaspoon minced garlic
- 14 ounces shredded cabbage or coleslaw mix
- 1/4 cup low-sodium soy sauce, or liquid aminos
- 1 teaspoon ground ginger
- 2 teaspoons sriracha
- 1 whole egg
- 1 tablespoon sesame oil
- 2 tablespoons sliced green onions

Recipe by: Christy Denney Posted on the blog, "The Girl Who Ate Everything"

Let's Put An End to Food Insecurity

**FREE MEALS
FOR ALL KIDS**

Monday– Friday
June 19–August 18th
For all children 18 and younger

To find a meal location:
Text FOOD or COMIDA to 304-304
Or scan QR code below for map of sites



For more information contact School Nutrition Services
(919) 560-2370 or linda.harris@dpsnc.net





If you make this delicious Egg Roll in a Bowl recipe send us a photo(s) and a few lines! We would love to feature you here in SCOOPS!

EGG ROLL IN A BOWL (CONTIN.)

INSTRUCTIONS

Coat chicken in olive oil and chopped garlic and either pan sear until chicken is cooked thoroughly, or place in the air fryer on 375 for 15-20 minutes as needed until chicken is cooked through.

Place jasmine rice in steamer if possible or use boxed directions (your choice) and cook to desired tenderness. I always find the rice steamer to be the most efficient way to prepare rice.

Once chicken is done, toss in buffalo sauce and honey and coat the chicken on all sides.

Remove chicken from bowl and place on a bed of jasmine rice.

Feel free to add any additional sauce over the chicken.

Chopped scallions and place on top of chicken. (optional)



In Special Recognition From the Exchange Family Center



Shontelle A. Smith, Program Manager Family Intervention Support Services

The Community Response Program (CRP) grant expires at the end of June. This program, a collaboration between Durham County DSS and the Exchange Family Center (EFC), served families that might not have qualified for in-home services, but were identified as being at risk for having future CPS reports and were in need of additional support. In the past, we've featured a "Spotlight on Success" in our informational emails to shine a light on a CPS worker that helped support CRP. As the grant comes to a close, we wanted to take the time to give a huge shoutout to all of you at CPS that have helped us serve families through CRP over the last several years. We know and appreciate how hard you work and by taking the time to make a referral, tell a family about the program, or partner with EFC staff, you helped connect families to support they likely would not have known about otherwise.

This is an excerpt of a EFC Communication to DCoDSS

"Truly every person that helped play a role in CRP over the last several years made an impact. One of the program's strongest supporters and biggest advocates was **Shontelle Smith**. Shontelle's experience and expertise, as well as the relationships she has within the agency and the community were fundamental to the success of the program. Shontelle's institutional knowledge and willingness to advocate for the program were instrumental in keeping it going. We're grateful to you, Shontelle, for how hard you work to keep children and families in Durham County safe and healthy!"

**-Dr. Pamela Robinson
Family Support Program Manager**

Our Proud Fatherhood Award Recipient!



Ernest Johnson, II is a Child Welfare Social Worker in Investigations/Assessments. He is the 2023 recipient of the J.E.S. Foundation "Honoring Our Fathers" Community Recognition Award. The presentation took place in Salisbury, NC. Congratulations Ernest on this special recognition!

FAMILY

NC Governor Roy Cooper has proclaimed June National Reunification Month. Foster care is a short-term intervention for children to be safe & secure. In 2022, 1,402 children successfully reunified with their families in NC.



Governor Cooper also proclaimed June as Fatherhood Awareness Month.



FATHER'S

Your involvement can lead to positive educational outcomes, decreased mental illness, juvenile delinquency, poverty and teen pregnancy.

Dad's YOU matter!

Parents Cut Down on the Screen Time!



With all of the constant screen time, it's time to curl up with a good book!

Visit your nearest local Durham library this summer!

Visit their website:

durhamcountylibrary.org

#ReadersAreLeaders

Support Our Elders



Social Workers Shelbia Green & Ashley Bell worked the halls of our Human Services Bldg. to ensure people were aware about Elder Abuse. If you know of or suspect elder abuse call our Aging & Adult Services Division intake # (919)560- 8588 or (919) 560-8000, during regular business hours. After hours or on holiday's call, (984) 243-1280.



North Carolina
humanities

Our NC Humanities Office is offering an amazing book club! Check it out here:

<https://nchumanities.org/program/north-carolina-reads/>

Safety Alert & Summer Fun

Parents please be careful when your children are around swimming pools and other bodies of water, especially if they don't know how to swim. Durham Parks & Rec offer swimming lessons Check them out here: bit.ly/3w3ppMb



Jovetta Whitfield
A DCoDSS Star



"I am very appreciative of Jovetta Whitfield's (AD of the Child & Family Services division) partnership with Quality Assurance and Training (QAT) to develop the skills of her division to improve client engagement and services. Jovetta has been a champion of utilizing Covey's Speed of Trust to provide a platform to her supervisors, Program Managers and herself to afford them the opportunity to enhance communication skills across division leadership. Jovetta sees the value of engaging QAT team members to partner with program staff and leadership to reinforce what the division is doing well and make adjustments where improvements can be made."

Submitted by Lynn Thomas, Program Manager- Quality Assurance and Training

How to instantly feel better

 Overthinking = Write	 Anxious = Meditate
 Tired = Nap	 Sad = Exercise
 Stressed = Go for a Walk	 Angry = Listen to Music
 Lazy = Reduce Screen Time	 Burnt Out = Read

We all can use a mental lift from time-to-time. This is a great point of reference.

Money Matters



If you've been following SCOOPS, you know that *The Penny Hoarder* is our favorite publication for great financial news and tips! Check it out: bit.ly/46nn2Hw



Recently some of our very hard working Social Workers & Case Managers were able to attend the 18th annual appreciation luncheon for the profession at the North Carolina State University Club in Raleigh.

Keep in touch with us daily via social media and our website!

DCONC.gov/DSS



@DCoDSS



/DurhamDSS



Durham County Department of Social Services

Aging & Adult Services

Our Aging & Adult Services Division held a training which was conducted by its leader, Assistant Director Janeen Gordon. It was about dealing with crises and de-escalating behaviors in the workplace. As with all trainings at DCoDSS they are interactive among staff. Our new Director Maggie Cveticanin also trained on mental health issues. After the training we celebrated Janeen's retirement, which included her son and husband. Our former Director Ben Rose and his wife came too! Despite our size, DCoDSS is an agency of teams who work hard to serve the public daily. We also come together as family to celebrate one another! It is a great place to work. We're hiring! Check out: Career.dconc.gov.

