HOW TO FIND

COVID-19 Testing and Treatment

COVID-19 TESTS:
IF YOU HAVE SYMPTOMS OR WERE EXPOSED, TEST!

Get free at-home tests by mail or find pick-up locations at **MySpot.nc.gov/HomeTests**.

Be sure to check expiration date! Some were extended, learn more at **bit.ly/3vTF3ML**.

DON'T RULE YOURSELF OUT:
TWO-THIRDS OF NORTH CAROLINIANS ARE MORE LIKELY TO GET VERY SICK FROM COVID-19!

Some risks include:

- Age 50+
- High Blood Pressure
- Weakened Immunity
- Overweight and Obesity

- Diabetes
- Asthma
- Smoking

CHECK YOUR RISKS HERE:

IF YOU TEST POSITIVE, ASK ABOUT TREATMENT!

COVID-19 treatments can decrease your risk of hospitalization and death. Antiviral pills **REQUIRE A PRESCRIPTION** and must be given within 5 days of your first COVID-19 symptoms to work.

Talk to a health care provider about a prescription.

OR

Find a local Test-To-Treat location where you can get tested and treated in one visit at **MySpot.nc.gov/FindTreatment**.

Check with your health plan to determine if you will have to pay for your doctor's visit. Treatment is available even if you don't have insurance.

Treatments are not a substitute for COVID-19 vaccination. To find a vaccine location, visit **MySpot.nc.gov**.

Go to MySpot.nc.gov or call 1-800-232-0233 for more information on COVID-19 testing and treatment.

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES