



Public Health

Durham Joins Together Saving Lives

September 22, 2022

Via Zoom

Minutes

Co – Chairs: Dr. Wanda Boone, CEO of Together for Resilient Youth (TRY) & Wendy Jacobs, Vice Chair of Board of Commissioners

Attending: Dr. Wanda Boone Pinnacle Community Development Corporation/TRY, Mindy Solie, Nancy Rosales TRY, Wendy Jacobs Durham County BOCC, Dr. Monique Holsey-Hyman Durham City Council, Gudrun Parmer DCo CJRC/Safe Community, Lacie Scofield & Donna Rosser DCo Public Health, Captain Helen Tripp DCo EMS/Community Paramedics Program, Cindy Haynes Duke University Population Health Sciences, Chukwuemeka Manning, Sr. Locked Up to Living Life, Inc./Welcome Home Program, David Crispell Jubilee Home, Dr. Carlyle Johnson Alliance Health, Dr. Stephen Loney CAPS, Inc., Tonya Hinkle, Erin Lewis B & D Integrated Health Services

	Agenda Items	Notes
5:30-5:35	Welcome and Introductions – Dr. Wanda Boone, Task Force Co-Chair	Task Force Co-Chair, Dr. Boone welcomed everyone and opened the meeting with introductions, asking meeting attendees to share names and number of years living in Durham/NC. Following introductions, Dr. Boone noted despite new people moving into the area, “pleased to see the fine array of longevity,” pertaining to Durham residency.
5:35-5:55	Introduction of Gudrun Parmer, Interim General Manager for Safe Community– Wendy Jacobs, Task Force Co-Chair Presentation and Q & A, NC Opioid Settlement and Next Steps for Durham County	<p>Task Force Co-Chair Jacobs introduced herself to new meeting attendees as Vice-Chair of BOCC and introduced Gudrun Parmer, Director of CJRC and Interim Manager of Safe Community to provide update on next steps for Durham County related to opioid settlement funding.</p> <p>Gudrun said she and Nidhi Sachdeva, formerly with Duke, now with NC Association of County Commissioners, presented to BOCC during September Work Session. Gudrun shared presentation given to BOCC:</p> <ul style="list-style-type: none"> • Started with brief review of details from County Manager, Dr. Sowell’s update on opioid funding provided during June 2022 Task Force meeting. • Noted McKinsey, Distributors and Johnson & Johnson settlements reached. McKinsey funds only go to states and distributed in the form of grants. Dave Crispell and Jubilee Home received grant through that funding. Not sure if B & D funding through McKinsey grant. Erin Lewis shared in chat B & D McKinsey grant recipient.

- Seven hundred fifty million awarded to NC from distributors and Johnson & Johnson settlement.
 - 80% to local governments
 - 15% to state
 - 5% to County Incentive Fund
- NC Association of County Commissioners and Attorney General’s Office developed MOA with strict requirements for use of settlement funds (See PPT for requirements), and annual reporting.
- MOA includes Option A and B Strategies determining how funds given to local governments used.
 - Option A Strategies allow for more flexibility and can move along more quickly.
 - Option B Strategies require more comprehensive collaborative strategic planning process, at end of which, broader list of options available. See PPT for list of Option A and Option B strategies.

Gudrun prepared and shared list of interventions for each strategy Durham using based on work of DJT Task Force over last 5 years. Had others review list and add to it (See PPT for list of existing interventions). Did not list examples under Recovery Housing Support but mentioned comprehensive housing options document prepared by Lacie featured on DCoDPH website. Noted examples of Early Intervention not as long (See PPT for list). Gudrun added Option A agency/program examples not comprehensive. If you know of, or work with program providing strategies that are not listed, please email Gudrun. Want to build inventory and BOCC really interested in capacity. Gudrun briefly summarized Option B Strategies. Thinks with exception of Addressing needs of pregnant women, all strategies covered under Option A.

Funding-Gudrun reviewed amount of settlement funding to Durham County and amount already disbursed (See PPT). Funds dispensed over 18-years. Frontloaded for first few years. Commissioners signed onto settlement but must choose option strategy before signing MOA. Thus, cannot authorize spending of funds disbursed. Durham’s amount increased slightly due to donation of funds from City of Raleigh.

Gudrun detailed list of Next Steps (See PPT for list).

- BOCC wants inventory of existing efforts, community input and engagement.
- Discussion of online survey-One for broader community and one for subject matter experts

		<ul style="list-style-type: none"> • Considering in-person community engagement sessions (Chuck attended community sessions for Wake County) • Plans for Dedicated webpage on DCo website to access information • BOCC will select Option A, or Option B and authorize funding. <p>Mindy asked where prevention comes in? Options do not speak specifically to prevention. Gudrun said included in Early Intervention. Read description of strategies included. Cindy added confident that strategies can be tweaked to earliest interventions that can make a difference (Prevention). Dr. Boone identified examples in the description including Peer-to-Peer Education Support, that encompass TRY interventions. Cindy asked if Alliance and TRY included in Naloxone Distribution? Shared history. Gudrun said already included.</p> <p>Commissioner Jacobs suggested Donna include Gudrun’s PPT and email address (gparmer@dconc.gov) along with meeting update so that lists can be added to. Thanked Gudrun for presentation and encouraged group to participate in survey and get survey out to community. Emphasized that Durham is very fortunate to have resources. Said Nidhi reported using Durham and its programs as examples when visiting other counties. Emphasized \$11.6 million over 18-years, not a lot of money. County spends \$1 million/year on Detention Center MAT program alone. BOCC concerned that Option B involves more time. People dying every day. Beth Macy spoke at statewide meeting of NC Association of County Commissioners in August on need for focus on barriers to treatment and recovery. Commissioner Jacobs suggested Dr. Boone identify barriers to Prevention. Also suggested that Peer-to-Peer Education Support strategies be considered throughout continuum from prevention thru recovery.</p> <p>Invited City Council Vice-Chair, Dr. Holsey-Hyman to share plans for City of Durham funding. Dr. Holsey-Hyman said not privy to information and would rather not speak out of turn. Gudrun shared that at last MH SUD TX Committee meeting, Carolyn Crowder announced City of Durham allocated all their funding for next 5-years to Lincoln’s MAT program. Dr. Holsey-Hyman confirmed that decision was made to support community partner already doing the work. Commissioner Jacobs thanked City Council for decision that will remove co-pay barrier to treatment for individuals served by Lincoln.</p>
	Committee Reports	
5:55-6:15	Prevention and Education –Dr. Wanda Boone	Dr. Boone reported on Prevention and Education Committee as follows:

	<ul style="list-style-type: none"> • Outreach, Data, Results and Outcomes • Pain Management • SAMHSA and CDC Virtual Webinar Durham Focus, Open to NC 09/28/22 @ 11 AM 	<ul style="list-style-type: none"> • Durham Joins Together focus is on opioids. Prevention & Education (TRY) focus also on: Alcohol, Tobacco, Marijuana, Vape, Gummies, Alcohol Sales; Suicide, Youth Violence, Interpersonal Violence, ACEs, Resilience and Trauma. • Able to focus on so many areas because committee is a coalition of coalitions funded by SAMHSA for 10-years. Hoping to receive opioid settlement funding. • TRY using strategies involving peer-to-peer, stakeholder representation, and stakeholders speaking to spheres of influence (See examples in report). Able to show connectivity and move prevention forward in a way recognized on state and national level. • Disparity in overdose among Black and white individuals in Durham continues. Only NC county having that statistic. • Met with Admiral Rachael Levine (US Assistant Secretary of Health) on 9/21/22. Talked about spike in overdoses among Black people across US. • TRY laser focused on socially vulnerable populations in Durham’s public housing. CHWs visit, assess for needs and connect to community resources using NC Care 360. • Prevention Focus: Youngest to Oldest and Prevention to Recovery. • Send out alerts about Fentanyl • Engage in community participatory research to prevent addiction and overdose. • August 31, 2022 - International Overdose Awareness Day at The Leaf at Central Park. LIFT represented along with parents who lost children to overdose. • Dr. Boone presented with Deputy Director of CDC, Christopher Jones, on Addressing Youth Mental Health and Substance Use. Focus is on other community coalitions like TRY and how they can advance prevention where they live. • September 28, 2022. 11:00am-12:30pm – Webinar Disparities in Overdose Deaths: Opportunities for Action. Dr. Boone and several speakers from CDC presenting. • Assisted with vaccine events in Durham, Johnston, Hoke, Wake, Cumberland, and Craven Counties. • Participated in 598 educational events on mental health and substance use in 2022. • See report for additional committee activities <p>Nancy agreed with Commissioner Jacobs about the importance of meeting people where they are. TRY works to meet needs like housing, food, and medication co-pay. Thinks most important to educate youth about risks of illicit drug use and ACEs. Has seen great results with LIFT. Education on ACEs with adults very impactful as well. Dr. Boone added stories</p>
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<p>6:15-6:35</p>	<p>MH SUD Tx– Gudrun Parmer and Carlyle Johnson</p> <ul style="list-style-type: none"> • Community Linkages to Care (CLC) Update – Lacie Scofield • New Community Paramedics Initiatives – Helen Tripp 	<p>Carlyle reported as follows:</p> <ul style="list-style-type: none"> • MH SUD TX Committee has representation from wide variety of stakeholders including Sheriff’s Office Detention Program, CJRC, EMS, Lincoln, Recovery Innovations, Duke, Hope Center, B & D, TROSA, Recovery Community of Durham and others. Work has been on tying together the disparate projects committee is working on. • Highlighting two of such projects, Community Linkages to Care (CLC), and Community Paramedics Program. <p>Lacie presented on CLC Program:</p> <ul style="list-style-type: none"> • Shared much of data presented collected by Ryan Bell, Chair of Data Committee. Said Ryan does not plan to hold meetings. Considers CLC as product of Data and MH SUD TX Committees. • Idea of program to show whether peer support specialists make a difference in connecting individuals with substance use to community resources and to treatment. • Hired new peer navigator supervisor, Kim Chansen, replacing Susan Kornett. Program fully staffed and enrolling twice as many participants. • Reviewed definitions of CLC program participant, Program enrollee, and eligibility requirements for enrollment in follow-up study. • Program began spring 2019. To date, 491 referrals, of which 311 participants, and 164 enrollees. Distributed 161 Naloxone kits. • Mean age is 38. See more men than women and enroll same number Black and white. • Nearly 40% unhoused and only 19.1% employed (See PPT for additional statistics). • About 50% of enrollees receive Suboxone. One hundred sixteen enrollees remained active in program for 3 months, for overall retention rate of 75%. • Outcome Data: At end of 3 months, 68.3 % not using opioids, 63.4% not using any other substances, 73.2% still using MAT. • Of 41 enrollees, 54% had housing before program, at end of 3 months, 83% had housing.

- Educational Trainings- DCoDPH colleagues assist with planning educational initiatives, including Faith-based Mini Conference and training on How to Better Serve LGBTQ Community.
- Upcoming Trainings -Trauma Informed Care and Substance Use, What it Means to Become a Recovery-friendly Workplace
- Funding CLC funding runs thru May 2023. Could use student intern to help with data analysis.
- See PPT for additional details.

Dr. Boone asked if data presented is from 2019 to 2022. Lacie said data covers entire run of the program. Commissioner Jacobs thanked Lacie for report and suggested Dr. Hyman may have interns that can assist with program. Requested information on provider training and asked if she and Dr. Hyman can help get word out about employer training to City and County HR. Donna says she shared information on both with DJT Task Force, County HR, and City HR. Will share again. Lacie said state funding for program will end in 8-months. Not sure if funding will be extended. Commissioner Jacobs suggested Lacie consider opioid funding.

Due to the late hour, Helen was not able to share her presentation. Instead announced that EMS and Community Paramedics Program has been awarded two grants:

- A SAMHSA grant in which focus is to give funding to push more Naloxone out into community, via all first responders who will participate, and reaching out into the community sector. Waiting on BOCC to accept grant funds. Second year of grant also allows Community Paramedics to do Field-induced MAT.
- Second grant from state which is subgrant of SAMHSA grant that the state received. This grant is EMS Bridge MAT grant. Once funds accepted, will be able to do MAT starting in January 2023. Will include hiring peer support specialists to go out with team to start MAT. Does not mean Community Paramedics will no longer go with CLC peers on post-overdose follow-up. But new peers will be part of scene response with MAT Paramedic.

Dr. Boone and others congratulated Helen on grant awards and new program offerings.

6:35-7:00	Discussion, Questions, Feedback, Next Steps	Dr. Boone announced next DJT Task Force meeting, schedule meetings for committees, and adjourned the meeting.
Next Meeting: Tuesday, December 13, 2022 Location: Zoom		

Schedule for Durham Joins Together committees:

Prevention/Education – 2nd Wednesday 10:30am Virtual

Mental Health and SUD/Treatment and Data – 2nd Tuesdays 3:00 PM

Policy – To be determined