



Office of the Sheriff
Clarence F. Birkhead, Sheriff

S.M.A.R.T.

Sheriff's Medication Assisted

Restorative and Treatment Program



The first in the state of North Carolina. The Durham County Sheriff's Office launched MAT: Medication Assisted Treatment September 2019 in the Detention Facility.

Our MAT program is branded: S.M.A.R.T. Sheriff's Medication Assisted Restorative and Treatment Program.

The Sheriff's Medication Assisted Treatment Restorative Treatment Program (S.M.A.R.T.) is focused on decreasing withdrawal and overdose of Detainees. S.M.A.R.T. increases treatment stabilization and compliance. As well as increases recovery, stability and individual self-regulation post release.

DURHAM COUNTY
DETENTION
FACILITY

***S.M.A.R.T.
Sheriff's
Medication
Assisted
Restorative
and Treatment
Program***

Detention Services S.M.A.R.T. TEAM

Detention Services

- Sheriff Clarence Birkhead
Chief Johnny Hawkins
- Major S. Barnes
 - Captain A. McKinney
 - Tammy Vaughn, SMART Clinician
 - *Peer Support Specialist*
 - Sgt. A. Page

Wellpath Medical Team

- Shonica Jones, Health Services Administrator
Dawn Quashie, MD (DEAx Waiver)
Dee Edwards, NP (DEAx Waiver)
Registered Nurses

CJRC

- Kelli Egnaczak, Mental Health Supervisor
Tremaine Sawyer, STARR Program Supervisor



MAT in Jails
Module 3: Operational Basics:
Facility Implementation

BUNCOMBE COUNTY SHERIFF'S OFFICE, DURHAM COUNTY SHERIFF'S OFFICE, AND PITT COUNTY SHERIFF'S OFFICE

A row of logos at the bottom of the slide, including the Office of the Sheriff, the North Carolina Department of Health and Human Services, and MAHEC.



S.M.A.R.T. PROCESS in a Detention Setting

Phase I CONTINUATION



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Detainee enters the Detention Facility currently in a *MAT program from the community.

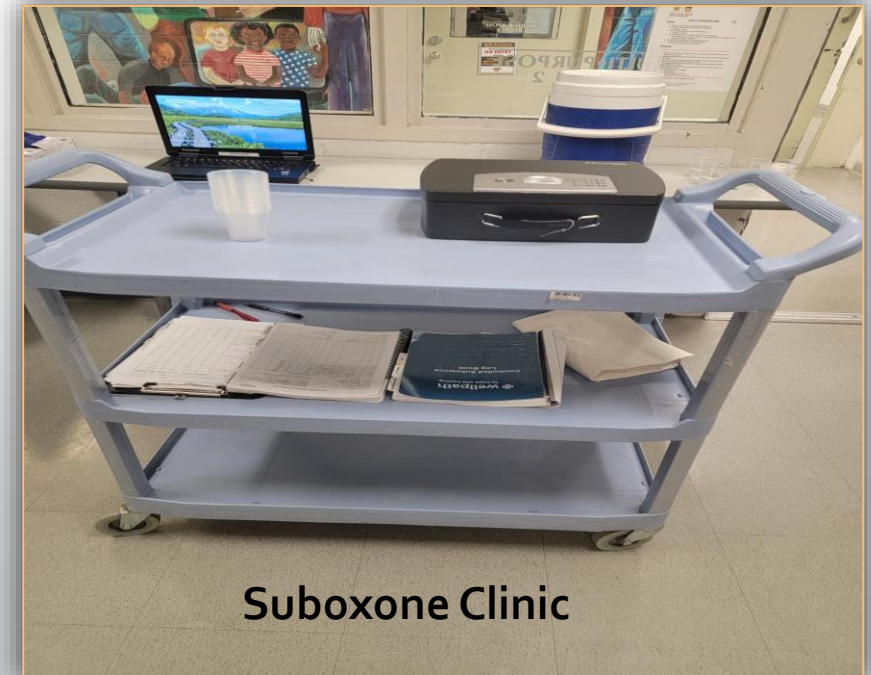
Medical Doctor confirms and continues medication.

SMART Clinician provides counseling; Case Management

*MAT- Medication Assisted Treatment

SMART Clinician provides Discharge Referrals:
Lincoln, Hope Center, RI, New Seasons, etc.

Aftercare Follow-up: Telephone contact monthly for six months. Reconnect with services as needed.



Suboxone Clinic

SMART Knowledge

"Addiction Neuroscience 101" by Dr. Corey Walker

<https://www.youtube.com/watch?v=bwZcPwIRRcc&feature=youtu.be>



S.M.A.R.T. PROCESS in a Detention Setting

Phase II INDUCTION



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Detainees currently in custody.
All detainee receive a medical intake screening. Those identified as having *OUD is referred to the SMART Clinician.

SMART Clinician begins Induction Process: Intake / Discharge / WRAP Services along with Peer Support Specialist.

SMART Clinician completes assessment refers for chronic care appointment ; Approval of CCA Induction begins. (Medication)

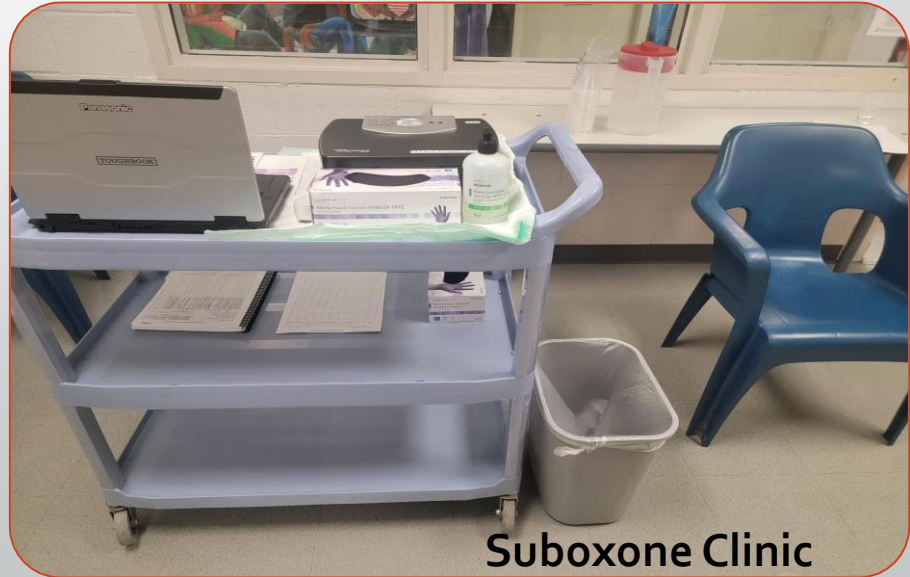
SMART Clinician/ Peer Support Specialist provides Weekly - Monthly 1:1 Counseling, Case Management , Wrap sessions

*OUD- Opioid Use Disorder

Referral to STARR Program

SMART Clinician/ Peer Support Specialist provides Discharge Referrals: Lincoln Hope Center RI New Seasons etc.

Aftercare Follow-up: Telephone contact monthly for six months. Reconnect with services as needed.



Suboxone Clinic



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S.M.A.R.T. Medications and Counseling



Methadone is a full opioid agonist that binds to the same receptor sites in the brain as heroin or other opiates, thereby eliminating craving and withdrawal symptoms.

Counseling:

Everyone needs and wants to be heard. This allows participants input into their personal journey.

It is important to provide a space for weekly - monthly 1:1 Counseling, Case Management Wrap sessions.



- **Suboxone** is buprenorphine combined with naloxone and is a partial agonist, which means that it has some of the same properties as other opiates, but not the sedative effects. Suboxone can be taken as a pill or a film.

SMART Knowledge
www.ada.gov/opiod_guidance.pdf (DOJ Guidance p.2)

To date our S.M.A.R.T. Program has served 337 Detainees in the Durham County Detention Facility.

Sheriff's Medication Assisted Restorative and Treatment Program Metrics

S.M.A.R.T. Phase I (Continuation)

Phase I: Serves newly processed detainees in the Durham County Detention Facility that were currently participating in MAT Program in the community and volunteers to participate while detained.



S.M.A.R.T. Program: Phase I – Launched September 2, 2019

As of January 18, 2023, Phase I has served: 259 Detainees

Detainee Demographics

Additional detailed statistical data is captured.

Total Served to Date		Current Status		Detainees Return to Custody <small>We are analyzing reasons for recidivism (i.e., PV, FTA, new charges)</small>	
Male Detainees	Female Detainees	In Custody Male Detainees	In Custody Female Detainees	Returned to custody Males Detainees	Returned to custody Females Detainees
207	52	12	3	39	7

Methadone is a full opioid agonist that binds to the same receptor sites in the brain as heroin or other opiates, thereby eliminating craving and withdrawal symptoms.

Suboxone is buprenorphine combined with naloxone and is a partial agonist, which means that it has some of the same properties as other opiates, but not the sedative effects.

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Key Metrics



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S.M.A.R.T. Phase II (Induction)

Phase II: Serves detainees currently detained in the Durham County Detention Facility, that is identified as having an opioid use disorder OUD, that satisfies set criterion and volunteers to participate.

S.M.A.R.T. Program: Phase II – Launched November 15, 2021

As of January 18, 2023, Phase II has served: 78 Detainees



Detainee Demographics

Additional detailed statistical data is captured.

Total Served to Date		Current Status		Detainees Return to Custody <small>We are analyzing reasons for recidivism (i.e., PV, FTA, new charges)</small>	
Male Detainees	Female Detainees	In Custody Male Detainees	In Custody Female Detainees	Returned to custody Males Detainees	Returned to custody Females Detainees
57	21	16	2	8	7

Suboxone is buprenorphine combined with naloxone and is a partial agonist, which means that it has some of the same properties as other opiates, but not the sedative effects.

Sheriff's Medication Assisted Restorative & Treatment Program (S.M.A.R.T.) fosters an environment of restoration. Structured to decrease withdrawal and overdose of participating Detainees. S.M.A.R.T. increases treatment, stabilization, and compliance, increases recovery, in preparation for individual self-regulation post release.

Striving collectively to maintain a safe and secure atmosphere by decreasing the likelihood of overdose due to withdrawal while in the Detention Facility; increase retention in treatment; decrease the use of illicit opiates and other criminal activity among people with substance use disorders and to make a positive impact on the community by creating an accessible resource to improve everyday life.



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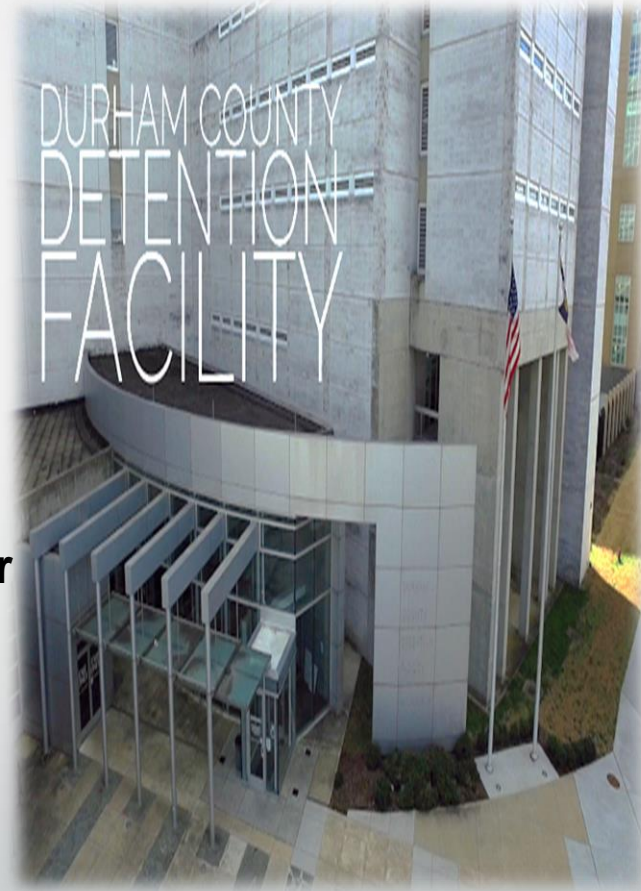
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• **S.M.A.R.T STAKE HOLDERS**

Community

- Alliance Health
- BAART
- Courts
- Duke
- Durham Recovery Response Center
- FIT
- Hope Center
- Lincoln Community Center



• **S.M.A.R.T STAKE HOLDERS**

Community

- New Seasons Durham
- Pre-Trial Services
- Probation and Parole
- Recovery Innovations
- State Opioid Office Authority
- UNC



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S.M.A.R.T.
Highlights

Weekly SMART multidisciplinary Team Meeting
Monthly MH SUD Tx Committee
MAT in Jails - Sites Monthly Call
Durham Joins Together Quarterly Call

National Opioid Settlement Funding Survey. We are Advocates and Participants

DCSO's SMART Program has garnered acknowledgement from the Governor Cooper and Attorney General Josh Stein. September 2022 NCJAA Conference

MAT in Jails: Legal, Medical, Security, and Community Considerations 3-part webinar series hosted by NCDHHS, MAHEC featuring Durham County Detention Services 8/31/2022

Using Medicated Assisted Treatment in Jails: A North Carolina Focus
North Carolina Case Study- Durham County Detention Center DHHS 2/2020



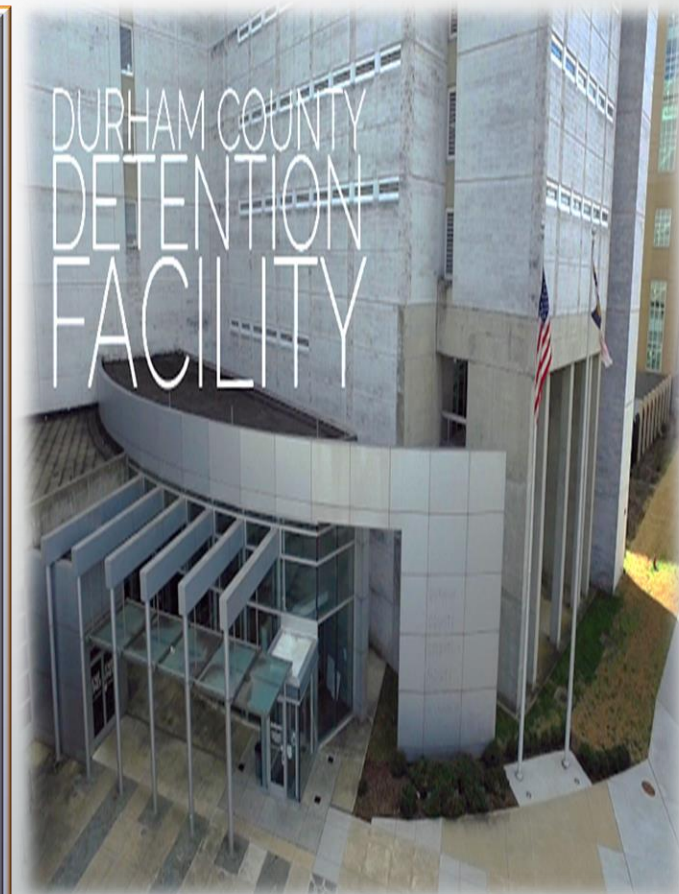
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S.M.A.R.T. NEXT STEPS: Sheriff Clarence Birkhead's Priority

- **Acquire a Medical Director and team.**
- **Embed an OTP (Opioid Treatment Program) in the Detention Facility.**
 - **Explore additional dosing options.**
- **Grant recipients from an array of *MOUD / **MAT funding sources to include funds from the NOS (National Opioid Settlement).**
(*Medications for Opioid Use Disorder ** Medication Assisted Treatment)
- ***Another first for our Agency, have PIO prepare the Press Release announcing the Ribbon Cutting ceremony for the Opioid Treatment Program.***





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• ***Durham County Detention Services, S.M.A.R.T. Participants Testimonials:***

- **" I am happy that your county does everything that you guys do, meaning the MAT program and so much more. I am from Onslow County and yes, our jail is huge and new, but there is no MAT or STARR program to help you from coming back to jail. I am 18 and have been doing drugs since I was 12. Anyways, thanks very much because this really helps you'll never know how much." (Female Participant)*
- **First off, I would like to thank you for giving me the opportunity to get off heroin. This program is important to me because I have been a long-time drug user and I know that this program will work. It is important for me to put stability back in my life. When my mind is free of addiction, I can live free in society." (Male Participant)*

• In closing we are dedicated providing the best services that will each participant post release in conjunction with silencing the stigma of MAT. We accomplish this through continued team approaches and shared responsibilities.