

Durham County Department of Public Health: Family Planning Services

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Objectives

- Overview of services offered at the DCoDPH Family Planning Clinic
- Requirements of Title X program funding
- Opportunities for increased support for Family Planning clients

Goal of Family Planning Services

- From NC DHHS Agreement Addenda 151:

*The Family Planning Program is administered within the Women's Health Branch (WHB), Reproductive Health Unit. The primary mission of the Reproductive Health Unit is to **reduce unintended pregnancies and improve selected health practices** among low-income families.*

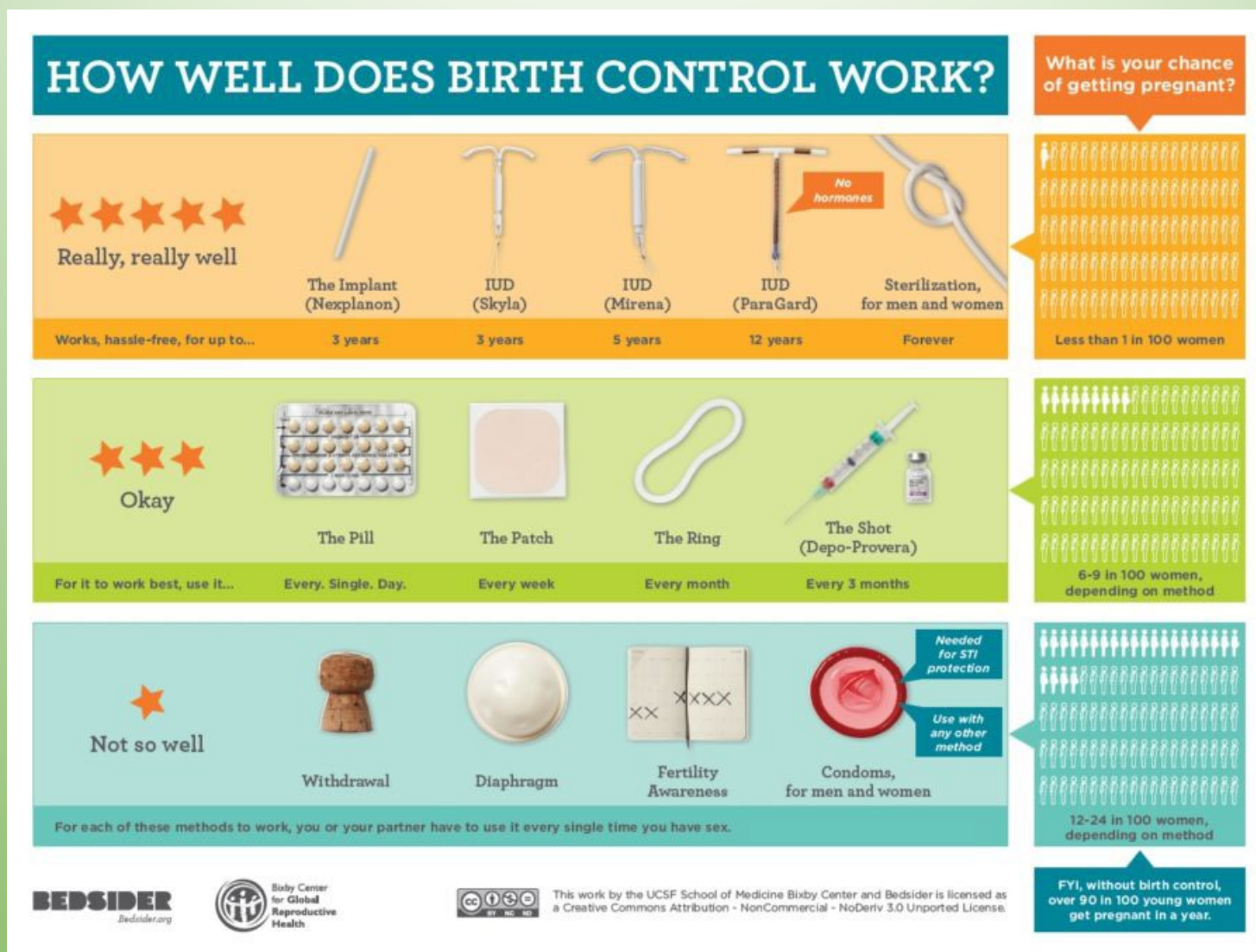
- DCoDPH Family Planning Clinic:

*The goal of Family Planning is to provide **education, counseling, and birth control methods** to **decrease the number of unwanted pregnancies or to prepare for a healthy pregnancy and baby**. Services are available to women from the time they start their first period until menopause as long as they have not had a tubal ligation (tubes tied) or a hysterectomy (removal of the uterus). All of our services are confidential and it is important to us that our clinic is welcoming and comfortable for all of our patients. We are an all-female staff with many years of experience in women's health.*

Scope of Services

- Contraceptive services (including referrals/prescriptions for methods not available on-site)
- Emergency contraception
- Pregnancy testing and counseling
- Achieving pregnancy services
- Basic infertility services
- Preconception health services
- Reproductive life planning
- Sexually transmitted disease (STD) services
- Related preventive health services (e.g., screening for breast and cervical cancer)
- Adolescent-friendly health services

“Tiered” approach to contraceptive options



Family Planning Annual Report

	FY18	FY19	FY20	FY21	FY22
Total clients	<i>Data forthcoming</i>				
Total appointments					
Clients using oral contraceptive pills					
Clients using depo injections					
Clients using implants					
Clients using IUDs					

Title X Requirements

- Annual training requirements for staff
- Use of FPL sliding fee scale
- Access to 340B medication program
- Tailored adolescent services
- Clinic signage and policies regarding non-discrimination

Title X Requirements cont.

From Agreement Addenda 151:

- *Title X prohibits agencies funded with Title X to perform, promote, or support abortion as a method of family planning; Section 1008 of the Title X statute and 42 CFR 59.5(a)(5).*
- *Agency staff may be subjected to fines and/or imprisonment if they coerce or try to coerce any person to undergo an abortion or sterilization procedure (Section 205, Public Law 94-63, as set out in 42 CFR 59.5(a)(2) footnote 1).*
- *Agency staff, including Registered Nurses, must offer pregnant patients the opportunity to be provided information and counseling regarding the following pregnancy options, unless the patient indicates that the individual does not want information on one or more options (42 CFR 59.5(a)(5)):*
 - *1) Pregnancy termination,*
 - *2) Prenatal care and delivery, and*
 - *3) Infant care, foster care, or adoption.*
- *If a patient requests information and counseling on pregnancy options, it must be neutral, factual information and nondirective counseling on each of the options, and referral upon request, except with respect to any option(s) about which the pregnant patient indicates they do not wish to receive such information and counseling.*

Opportunities for growth

- Sustained year-long access to long-acting reversible contraceptives (LARCs)
 - Current funding includes:
 - TANF – \$44,404 (also supports outreach education)
 - WHSF – \$15,941
 - Title X – \$132,613 (partially supports 4 positions)
 - County funds – variable

Opportunities for growth cont.

- Connection to supportive community-based organizations
 - Postpartum support
 - Adolescent health/healthy relationships

Opportunities for growth cont.

- Community fund to support individuals seeking family planning / abortion services
 - Separate from DCoDPH / Family Planning Clinic

Questions?
Thank you!



Live. Grow. *Thrive.*