

Durham Joins Together to Save Lives Task Force

Mental Health Treatment Committee

Minutes

March 9, 2021

Attendees: Elijah Bazemore, Lisa Smith, Kay Sanford, Gudrun Parmer, Helen Tripp, Marc Strange, Donna Rosser, Tremaine Sawyer, Lacie Scofield, Amy, ORegan, Brittney Agnew, Crissi Rainer, Sheriff Birkhead, Katie Mallette, Stephanie Eucker, Nathania Allen, Rod Jenkins, Keyanna Terry, Rod Jenkins, Susan Kornett, Larry Greenblatt, Carlyle Johnson, Catherine Scott, Cindy Haynes

The group convened, Cindy welcomed everyone and began introductions.

The minutes were approved as submitted.

Cindy started with some follow up on next steps and strategic planning items from our last meeting.

Strategic Planning for Program Sustainability (Group)

Cindy asked Director Jenkins about meeting with Major Bazemore to make sure that everything is included in RFP. Director Jenkins said there was no meeting but communicated all information via email for RFP. The RFP was submitted to legal teams for review and vetting. Director Jenkins stated he will receive an email from Purchasing as the final step in the review process. Once that's done, the RFP hits the market. Cindy asked if there is projected date for when the RFP will hit the market. Director Jenkins said in approximately 2-weeks. He stated that the request for an additional FIT position and the New Initiatives Request for MAT are included in RFP.

Sheriff Birkhead said Sheriff's Office is picking up two positions (PSS and LCAS) under their budget. That may take longer than 2-weeks. It will not be on agenda until April 1 meeting. He asked Major Bazemore to confirm. Major Bazemore said he was under impression this was New Initiatives Request?

Cindy informed the group that she met with Commissioner Jacobs this morning and we are planning to be on agenda for Board of County Commissioners April 5th meeting. This will be a DJT Task Force presentation with Prevention and Education Committee presenting data and the Sheriff's Office Detention Center MAT program. Cindy, Carlyle and Major Bazemore met to put together information for Sheriff's presentation. She will send out another invite to Dr. Wanda Boone so they can meet and merge presentations. Cindy will also send out the invite others to attend in support the presentation. Cindy stated that she will do brief introduction. Major Bazemore and Carlyle will present, followed by Wanda. Carlyle asked if two positions mentioned are ones currently under RI (Peer Support and LCAS). Sheriff Birkhead and Major Bazemore said they yes, are under RI.

Carlyle said Alliance has them under contract through June 30th and has funding through September 30th. He could cover additional support if necessary. Sheriff Birkhead and Carlyle will

discuss funding of positions offline. Cindy announced to the group that she spoke with the DJT Task Force Co-chairs, Commissioner Wendy Jacobs and Dr. Wanda Boone about the proposed name change to Behavioral Health Treatment Committee. She informed the group that they recommended the committee remain Mental Health Treatment because Behavioral Health incorporates prevention, intervention, education, and recovery, which may overshadow other committees (Particularly Prevention & Education).

Major Bazemore added that he would like to look at funding temporary housing for homeless individuals released from the Detention Center with the extra funding and partner with CJRC to address.

Alliance Health

Carlyle reported that Alliance has received additional funding recently from the State Opioid Response Funding, and he has funding they need to spend by September 30th. If not likely to spend, can request “no-cost extension,” but will need to request extension soon. Also expecting additional funding from E-COVID Grant. We could possibly use to cover Oxford Housing (i.e. First 30 days). Carlyle would like to set up follow-up discussions. Alliance will also receive some funding for treatment of stimulant use disorders. Major Bazemore is to discuss funding for stimulant use disorder with DRRC. Susan said DRRC sees a lot of barriers with housing stability and transportation to jobs and medical appointments, co-pays and sliding scale fees for routine medical appointments. Carlyle would like to meet to discuss putting funding toward social determinants of health. He also mentioned that he contracts with Logisticare for transportation access. Dr. Eucker would like to be included in the meeting on behalf of ER patient needs.

Lacie would like to be included as well. Cindy offered to assist with coordinating meeting for interested parties to discuss (Major Bazemore, Tremaine, Susan, Dr. Eucker, Lacie, Helen and Carlyle). Helen serves on Homeless Services Advisory Committee Board and wants to know what is the group’s experience with using Entry Point and get feedback on what is working and what is not working. Lacie said peer navigators report difficulty with Entry Point and Opening Doors programs. Lacie got in touch with supervisor for both programs and was given the name and phone number for direct contact with Entry Point and assigned a DSS social worker to contact for Opening Doors. Susan commended the PSS at DRRC, they give information to Lacie and she makes the connection with resources.

EMS Opioid Data with Race/Ethnicity Stats (Captain Helen Tripp)

Captain Helen Tripp reported on the data specifically for the follow-up work that community paramedics are doing with peer navigators from DRRC. For first 3-quarters of fiscal year 20-21, numbers of overdoses varied from month to month but starting to peak again following the holidays (Will not speculate on reason for increase). She noted a decrease in number of attempts and follow-up. Typically we contact a little over 1/3 following overdose. Reason for difficulty with follow-up include: no phone number or they live in another county. Helen shared breakdown by race and ethnicity. First two quarters, the overdose numbers went back and forth between African Americans and Whites. In the third quarter (Jan-Feb), there was a larger number of African Americans to overdose. For ethnicity, we had very few Hispanics. Major Bazemore asked if Helen if she has any mental health data to correlate with overdose data. Helen responded, only overdose data gathered but she could look at correlation. She noted that under certain circumstances it is difficult to gather reliable data on other diagnoses. Dr. Greenblatt mentioned statewide, Native Americans are having among highest rates of

overdose. We just don't have many in this community. Helen stated we used to see higher rates among whites. Rates have not gone down for Whites but have gone up for African Americans. Cindy asked Helen if she could share the slides with the group. Helen agreed. Carlyle asked if there are reports of Fentanyl contamination in other substances without someone who overdosed knowing it. Helen said there are anecdotal stories but have no way to track. Dr. Greenblatt said Dr. Browning shared of clients at DRRC reported accounts of this happening to them. Susan shared that for the people who are still using, most test positive for cocaine and methamphetamine in outpatient. We may want to discuss the rise and how to intervene. There's a growing problem of stimulant use. Carlyle is getting that same response from the State.

PSS Services in Duke Regional ED (Dr. Jason Tatreau & Dr. Aparna Kamath)

Cindy informed the group that Dr. Kamath and Dr. Tatreau will be joining us to provide Duke Regional updates. They will rotate meetings to assure that Duke Regional has representation at the meeting. They will join us starting next month.

Duke ED Peer Support Services

Susan reported that they are shooting videos on PSS and OBOT services for use in ED. Dr. Eucker reported still working through challenges with getting iPads set up.

DRRC OBOT

Susan reported that they have posted ad for full-time clinician so Susan can transition to administrative role. We are continuing to grow. Our last census was 24 guests. We are getting more referrals from Detention Center. Susan has a meeting scheduled with them to assure smooth transition from Detention Center to OBOT. Cindy mentioned DRRC (RI) is pleased with the Detention Center rollout of MAT and Joy stated in our last meeting that RI is replicating the work in their detention centers in other states, using Durham as a model. She expressed congratulations to everyone involved.

Program Coordinator (CLC Grant)

Lacie reported she emailed documents to group on yesterday. The first document had the data Helen reported on in our meeting. Also included link to press release from DCoDPH, announcing launch of website devoted to substance use disorder services. She sent out an announcement for the webinar intended to inform Durham County employees about services/efforts related to SUD. She asked the group to feel free to distribute flyer. Lacie shared table on CLC program with total participation since its inception in December 2019 thru February 2021. We have a total of 77 referrals, 51 participants, some were lost to follow up. There were 36 enrollees and most are doing OBOT, and 37 naloxone kits were distributed. A total 18 post overdose with 6 enrollees. The grant started out funding a PORT but morphed into something else. Several referral sources with EMS being the largest. Most participants come from DRRC Crisis Center. Lacie is proud of number of participants enrolled in such short time—most since October when DRRC became fully staffed. Cindy asked Lacie to share table with group and Lacie agreed. Lacie reported having busy month the Peers attended 4-day training to become WRAP (Wellness Recovery Action Plan) Facilitators. The plan is to form groups of program participants and guide them through the WRAP process. Lacie and team have spent last 2-weeks completing 9-month progress report on CLC program. She stated that the administering data from survey was shared with group previously. We will survey all 51 program

participants and share data with group once data collection completed. There are 19 surveys completed of the 51. Housing and transportation appear to be biggest service needs. As mentioned, already assisting with housing with funds left over from grant. Lacie plans to use \$1,000 to purchase Uber gift cards for DRRC clients who do not live on bus line. Lacie asked peer navigator, Brittany and community paramedic Lisa to share anecdotes about clients they have helped. Brittany said it is great to work with Lisa, referrals from Duke are signing up with PSS and got OBOT, attended appointments, and received food stamps and cell phone.

Catherine is very helpful with resources and a referral from the Detention Center had a client with their first time to see a negative drug screen. Lisa mentioned the people are happy to see someone who cares. Lacie also asked Donna give update on Hospital Provider Training Initiative. Donna stated the dates for the three sessions are May 12th, 19th, and 26th. Susan will present on 12th, Brittany on the 19th, and Dr. Dana Clifton (Duke COMET program) & Dr. Jamie Carter (LCHC) on the 26th. We are in the process of completing application for continuing education credits.

Detention Center MAT

Major Bazemore reported that he is excited about momentum with Detention Center projects. Up to 92-participants in Phase 1 of program. We have 57 on Suboxone (38-men, 19 women), with only 7 having returned to custody; 4 in custody (3-men, 1-woman). There were 35 on Methadone (24-men, 11-women), with 2 returning to custody. Major stated if we were in Phase 2 our Phase 2 data shows 20 individuals eligible for MAT (17-men, 3-women).

We will meet with Carlyle, Mrs. Terry, and Tremaine on Monday to determine steps from arrival in Detention Center to arrival at DRRC post-release from now thru June 30. We have talked with Ms. Allen about getting SOAR training for the 2 community health workers (internal and external). This group will meet bi-weekly for a smooth take off. Major Bazemore stated the Detention Center staff is working on their application for OTP over next two weeks.

Next steps are:

- Durham County RFP to go live in 2 weeks
- Sheriff's Office 2 FTEs for PSS and LCAS on their budget agenda as of April 1st
- DJT Presentation to the BOCC on April 5th
- Cindy to send invite for BOCC meeting
- Cindy to send meeting invite to discuss resources for housing
- SOAR training for community health workers
- Major Bazemore to complete application process for OTP
- DRRC meeting with the Detention Center
- Lacie to complete the remaining surveys (32)
- iPad set up for Duke and PSS

Please note our meeting will convene from **3:00 PM - 4:30 PM Virtually**.

***Our next committee meeting is scheduled April 13, 2021 at 3:00 PM via WebEx and phone.**