## Durham Joins Together Saving Lives

June 23, 2022

## **Minutes**

Co - Chairs: Dr. Wanda Boone, CEO of Together for Resilient Youth (TRY) & Wendy Jacobs, Vice Chair of Board of Commissioners

Attending: Dr. Wanda Boone, -Pinnacle Community Development Corporation/TRY, Paula Harrington-Freedom House Recovery Center/Oxford Houses/TRY, Nancy Rosales, Nathalia Rosales and Crystal Taylor-TRY, Brenda Howerton, Wendy Jacobs and Heidi Carter-Durham County BOCC, Dr. Monique Holsey-Hyman-Durham City Council, Dr. Kimberly J. Sowell-Durham County Manager, Lois Harvin-Ravin-Durham County Veterans Services, Ben Rose-Durham County DSS, Cpt. Helen Tripp-Durham County Community Paramedics/EMS, Gudrun Parmer-Durham County CJRC, Rod Jenkins, Kristen Patterson, Lindsey Bickers-Bock, Lacie Scofield and Donna Rosser-DCoDPH, Dr. Nicole Schramm-Sapyta-Duke Brain Science, Amy O'Regan-Duke School of Medicine, Jesse Battle-TROSA, Dr. Carlyle Johnson-Alliance Health, David Crispell-Jubilee Home, Joy Brunson-Nsubuga-Recovery Innovations/DRRC, Randy Tucker-RCOD, Marcus Clark-DHA Resident Services, Claretta Foy-Lincoln Community Health Center, Margaret Roach-Student UNC-Chapel Hill, Major Sean Barnes-Durham Sheriff's Office

	Agenda Items	Notes
5:30-5:35	Welcome - Wendy Jacobs, Task Force Co-Chair	Commissioner Jacobs welcomed everyone to the June 23, 2022, meeting of the Durham Joins Together Saving Lives Task Force. Invited everyone to introduce themselves and their affiliations. Thanked all in attendance as well as agencies/organizations representing a part of the system and ecosystem addressing substance and medication misuse in Durham.
5:35-5:55	Introduction of County Manager Dr. Kimberly J. Sowell – Wendy Jacobs, Task Force Co-Chair Presentation and Q&A Brief Update on Opioid Funding and Plans for Next Steps	Commissioner Jacobs introduced County Manager, Dr. Kimberly J. Sowell to give brief update on where the county is with opioid funding process and next steps. Reminded attendees that Steve Mange from NC DOJ was invited to provide information on opioid lawsuit during December 14, 2021 meeting. Invited Dr. Sowell to provide Durham specific information.

Dr. Sowell provided brief history of opioid litigation led by coalition of US Attorneys General, resulting in \$26 billion settlement. Of which, NC will receive \$750 million over 18 years. Fifteen percent withheld for state directed use and 85 percent allotted to counties and municipalities. Durham County's allocation is \$11.5 million over same 18 years. Funding to be used for treatment, recovery, harm reduction and prevention.

Before funding can be requested, MOA outlining whether funds to be spent on Option A or Option B strategies must be signed and resolution passed by Durham County BOCC.

- Option A strategies very specific
- Option B strategies less specific and overarching. Will require more community collaboration.

Dr. Sowell outlined steps in process as follows:

- BOCC to discuss action plan during August 1, 2022, Work Session.
- Use consultant(s) to facilitate community engagement and assist with development of inventory of existing strategies in Durham County
- Based on information gathered, prepare proposal to submit to BOCC to help with decision on Option A or Option B.
- All steps must occur before funds can be requested.
- BOCC must have all critical information needed to make decisions. Will reach out to stakeholders for input and feedback prior to final stages in process.
- Request for access to funds will occur this year. No deadline for which funding must be spent. However, want to put funds to good use as soon as possible.
- Will be deliberate in developing spending framework that will produce most positive outcomes for community.

Dr. Sowell asked Board Chair Howerton if she had anything to add. BOCC Chair Howerton added the following:

 media has indicated to communities that monies will become available by August of this year. It will not happen that quickly.

• NC Council of Counties very involved in assuring that process goes well.

Dr. Sowell also mentioned once process completed, new process of accountability and reporting required to show impact of strategies used begins.

Commissioner Jacobs Thanked Dr. Sowell and Board Chair Howerton. Asked if meeting attendees had questions. Question (Dr. Holsey-Hyman): When looking at Options, has a needs assessment been conducted to avoid duplication of services? For instance, evidence-based programs that can be tweaked and wraparound services added.

Response (Dr. Sowell): There has not been and this is an area consultant can help with.

Response (Board Chair Howerton): The City of Durham will also receive an allotment.

Question (Dr. Schramm-Sapyta): Are resources available to conduct needs assessment without spending money on consultant to advise on how to spend money?

Response (Dr. Sowell): Current staff does not have bandwidth to conduct needs assessment to the degree necessary. Added Durham resource rich in programs and services. Thinks it best to engage consultant to conduct needs assessment and inventory of what we have, as well as identify gaps in services we can address. Response (Dr. Schramm-Sapyta): Mentioned Stepping Up Initiative that she and Gudrun Parmer are a part of. They have done a subset of needs assessments that could save on cost of consultant. Response (Board Chair Howerton): Because Durham belongs to NC Association, will receive assistance with paying for consultant. Not something Durham has to do alone.

Question (Amy O'Regan): asked if Board Chair Howerton speaking of NC Association of County Commissioners.
Response (Board Chair Howerton): Yes.

5:55-6:05	NC Injury Prevention Branch and Local Data Overview, Dr. Wanda Boone, Task Force Co-Chair	Question (Amy O'Regan): Once needs assessment complete, who is engaged in using findings to determine option and strategies and how? When does process begin (August 1 meeting?)? Response (Dr. Sowell): Not August 1 meeting. August 1 meeting for board to have in-depth discussion on how to determine process.  Dr. Boone shared local overdose data from the NC IVP Branch. Details and access to PowerPoint slide set
	Committee Deposits	forthcoming.
	Committee Reports	
6:05-6:25	Prevention and Education –Dr. Wanda Boone	<ul> <li>Dr Boone reported on the following:</li> <li>Durham Joins Together to Save Lives initially started to look at ways to prevent overdose. As a group, decided to look at other areas of substance use prevention.</li> <li>Shared information on makeup of Prevention and Education Committee (TRY Coalition), to include community stakeholders (Community members) and external stakeholders (Those in participatory research and academic partners).</li> <li>Shared slide depicting most vulnerable areas in Durham County. Often areas of focus because focus needed.</li> <li>Reported on collaborative prevention efforts to address adverse experiences (Childhood, climate, community and cultural) affecting individuals and families living in most vulnerable areas in Durham County to include:         <ul> <li>COVID-19 – In last 6 months, TRY conducted 600 tests and vaccines, while providing information on stress, grief and substance use prevention with Duke.</li> <li>Family Risk Factors – Held Coping Together virtual family assistance prevention effort. Three weekly sessions with 64 families and over 192 participants.</li> </ul> </li> <li>Change Your Words Change Your World – Evidence-based, research-informed expressive writing course shown to decrease</li> </ul>

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		depression, stress and rumination, while increasing resilience. In
		last year held 4 sessions, resulting in 8 community members
		trained to facilitate.
		<ul> <li>Shared data on substance use, suicide risk, mental health, and education involving youth. When looking at data, TRY uses cultural competence when framing work with young people         Highlighted usefulness of report from Gang Prevention Taskforce, Durham County YRBS data, Durham County Community Health Assessment and other documents.</li> <li>Shared information on TRY's youth organization, LIFT-Living in Future Tense and College TRY, on the campus of North Carolina Central University.</li> <li>In July, Dr. Boone will present with Deputy Director of CDC on</li> </ul>
		topic of youth mental health and substance use.
		Commissioner Jacobs thanked Dr. Boone for presentation. Asked that all questions be held until the end of committee reports. Shared that taskforce uses collective impact model and that both, Prevention and Education and Mental Health/ Treatment Committees meet monthly.
		Revisions and access to PowerPoint slide set for this section forthcoming.
6:25-6:45	Mental Health and Substance Use Disorders – Gudrun	Carlyle and Gudrun reported on the following:
	Parmer and Carlyle Johnson	Carlyle recalls when DJT Task Force began, was impressed Durham County recognized not opioid crisis alone, but polysubstance crisis. If not for Fentanyl, would see more stimulants relative to opioids.
		<ul> <li>Announced he and Gudrun Parmer now Mental Health SUD Committee Co-Chairs, formerly chaired by Cindy Haynes.</li> <li>Acknowledged her great work in this role.</li> </ul>
		<ul> <li>For committee report, will provide brief overview of activities and invite feedback on reports for future meetings of DJT Task Force.</li> </ul>

- Gudrun shared that among first actions of new co-chairs was, with approval of taskforce co-chairs to change name to one more reflecting direction of committee (Mental Health Substance Use Disorder Treatment).
- Shared list of agencies represented on committee. Committee continues to identify and invite additional providers and community agencies.
- Hear regular reports from agencies and programs represented on committee (CLC program, Detention Center MAT etc.).
- Glad to see growth in committee and diversity in providers., as well as newcomers to committee.
- Over last year, committee has identified need to build stronger peer support network and collaboration on sustainability.
- Carlyle further emphasized collective impact approach and need for proactive planning for sustainability of existing programs.
- Also noted federal government released guidance that failure to offer detention center MAT is a violation of ADA. Durham ahead of the curve where this is concerned.
- Gudrun invited others to join committee. No meeting in July.

Commissioner Jacobs thanked Carlyle and Gudrun for report. Requested quick report from CLC and other programs. Gudrun recognized Lacie Scofield, Major Barnes and Dave Crispell.

- Lacie shared she is program coordinator of Community
   Linkages to Care for Overdose Prevention and Response. She
   and Helen Tripp team up to run Post-Overdose Response
   Team (PORT) where peers and community paramedics visit
   individuals post-overdose and get them connected to
   community services.
- Heart of program peer navigators. DCoDPH funds peer navigators through grant from state. Contract with DRRC to hire 1 full-time and 1 part-time peer navigator.

	<ul> <li>when peers not available. Able to connect more often since positions filled.</li> <li>Average number of opioid-related calls per month around 76. Pre-COVID, were averaging 28.</li> <li>Try to do follow-up within 48 to 72 hours. Able to see some within 24 hours.</li> <li>Have 97 percent attempt at contact. Actual contact 13.5 percent. Want to get harm reduction out to community.</li> <li>Naloxone kits now on ambulances so EMS crews can provide to patient, family members and bystanders at time of initial contact. Will continue to attempt follow-up.</li> <li>Number Naloxone kits distributed increased from average of 20 a month to close to 40, with 50 in first month kits were on ambulances.</li> </ul>
	<ul> <li>Since last meeting, both peers resigned. Happy to report that both positions filled.</li> <li>Peers usually see about 15 new individuals/month. New peers have averaged about twice as many since starting.</li> <li>Referrals come from PORT, both Duke Hospitals, DRRC Crisis Center and Durham Detention Center.</li> <li>Lacie also mentioned SUD Resource Guide translated into Spanish now available. Email Lacie to request copies.</li> <li>Question (Dr. Boone): Asked about numbers peers have seen (Clarify twice as many).</li> <li>Response (Lacie): Peers have been on job about 1 month. Have seen 30 new individuals. May need to slow down for data collection.</li> <li>Helen Tripp reported Community Paramedics do postoverdose follow-up many times with peer navigators and solo when peers not available. Able to connect more often since</li> </ul>

- Paula Harrington of Oxford Houses and TRY mentioned
   Prevention Committee established Whole Health Ambassadors and hope will work as well as peer navigators.
- Committee has done a lot with ACEs training in all 4 categories.
- Emphasized importance of prevention.
- Dr. Schramm-Sapyta shared proud to be part of Durham Community. Have opportunity with \$11 million, spread over 18-years. Want to do most good.
- Put in plug for recognizing interrelatedness of work of committees including supportive and affordable housing and strong resilient families.
- Emphasized things we do today will serve as prevention of need for treatment tomorrow and into the future. May need treatment now, but if adults get into successful recovery, their children and future generations may be resilient against stressors of life and use of drugs to alleviate stressors.

Dr. Boone thanked everyone for attending. Announced next meeting scheduled for September 2, 2022, via Zoom.

Commissioner Jacobs thanked County Manager, Dr. Sowell for her report. Thanked Nicole for comments. Shared she attended National Association of Counties where Steve Mange emphasized with Option B the state encourages looking more broadly at social determinants of health and a broader view of source of opioid crisis and how to address it.

- Nancy Rosales shared that as a community health worker through TRY, has delivered education and outreach to DHA residents of Hoover Rd. and Main St. communities. Has shared information on trauma and resilience. Emphasized importance of this work.
- Introduced her daughter, Nathalia Rosales.

North N		<ul> <li>impulsive. This makes youth susceptible to peer pressure and substance use to cope with stress.</li> <li>Shared her role in TRY as part of LIFT. She encourages youth toward healthier paths, engaging them in activities using creativity and self-discovery to improve decision making.</li> <li>Commissioner Jacobs closed meeting reminding everyone to engage in fun, rest, and relaxation this summer.</li> </ul>
Next N	Meeting: September 22, 2022 Location TBA	

Schedule for Durham Joins Together committees: Prevention/Education –  $2^{nd}$  Wednesday 10:30am Virtual Mental Health and SUD/Treatment and Data –  $2^{nd}$  Tuesdays 3:00 PM Policy – To be determined