

VOLUME 15 JUNE 2022

Scoops of Information & Inspiration!



DURHAM COUNTY DEPARTMENT OF SOCIAL SERVICES



CHIME IN!

We would love to hear from you! Feel free to share celebrations, tips or suggestions. Send us a selfie, and it might make it in SCOOPS! We like recognizing friends of DCoDSS.



To get your SCOOPS delivered to your inbox, email:

DCoDSSPublicInformation@dconnc.gov



A special congratulations to the graduates in our community!
You've been through a great deal, but you've made it!



Sergeant Anthony L. Sharpe is a member of our DCo Sheriff's Department. He is one of their fitness instructors, as you see on the left. He also teaches at the BLET Academy. Sgt. Sharpe is also a great cook! We thank him for the recipe!

Recipe courtesy of Sgt. Anthony L. Sharp

Honey Garlic Buffalo Chicken Bowl

INGREDIENTS:

- 1 pack chicken tenderloins
- 2 cups Jasmine Rice
- Green Scallions
- 1 Cup of "Sweet Baby Ray Mild Buffalo"
- 1 tbsp Honey
- 1 tbsp Olive Oil.
- 2 Garlic gloves
- Salt and Pepper to taste

Let's Put An End to Food Insecurity

Find No Cost Meals





SCAN ME

Parents and caregivers can text **FOOD** or **COMIDA** to 304-304 to receive a text with the three drive-thru or pick up sites with meals for kids closest to them.

Food Resources in Durham



SCAN ME






 <p>DURHAM COUNTY Library</p> <p>Hosting summer meals at these three locations:</p>	<p>Main Library 300 N. Roxboro St. 919-748-1104</p> <p>Monday - Friday June 13 - August 12, except July 4 12:00pm - 1:00pm</p>
<p>North Regional Library 221 Milton Rd. 919-560-0231</p> <p>Monday - Thursday June 13 - July 28, except July 4 11:00am - 12:00pm</p>	<p>South Regional Library 4505 S. Alston Ave. 919-560-7410</p> <p>Monday - Friday June 13 - July 29, except July 4 11:00am - 12:00pm</p>



HONEY GARLIC BUFFALO CHICKEN BOWL (CONTIN.)

INSTRUCTIONS

Coat chicken in olive oil and chopped garlic and either pan sear until chicken is cooked thoroughly, or place in the air fryer on 375 for 15-20 minutes as needed until chicken is cooked through.

Place jasmine rice in steamer if possible or use boxed directions (Your choice) and cook to desired tenderness. I always find the rice steamer to be the most efficient way to prepare rice.

Once chicken is done, toss in buffalo sauce and honey and coat the chicken on all sides.

Remove chicken from bowl and place on a bed of jasmine rice.

Feel free to add any additional sauce over the chicken.

Chopped scallions and place on top of chicken. (optional)



If you make this delicious chicken recipe send us a photo(s) and a few lines! We would love to feature you here in SCOOPS!



Our Proud Graduate!



"Graduating has been nothing but a blessing for me, mainly because I went through so much in my 4 years of high school. Graduating high school is one of the biggest accomplishments I could ever achieve, especially knowing that there were many people who didn't live to see this day, or just gave up. It's something I'll forever hold on to. I plan to go to esthetician school, and get my own apartment." Nakiya Gibson
Class of 2022 Riverside High School

Cody Lallier, MSW, LINKS Coordinator, who operates the program Nakiya Gibson is a member of, is proud of her achievements and perseverance to make her dreams come true. The LINKS program is designed for youth ages 18-21, and for other teens who were in foster care. The program provides resources to transition these young people into adulthood.

Parents Cut Down on the Screen Time!



With all of the constant screen time, it's time to curl up with a good book!

Visit your nearest local Durham library this summer!

Visit their website:

[durhamcountylibrary.org](https://www.durhamcountylibrary.org)

#ReadersAreLeaders

Walking & Running to Protect Our Elders



Safety Alert & Summer Fun

Parents please be careful when your children are around swimming pools and other bodies of water, especially if they don't know how to swim. Durham Parks & Rec offer swimming lessons. Check them out here: bit.ly/3w3ppMb



In recognition of World Elder Abuse Day, our staff along with True Care Solutions did a walk/run event at the American Tobacco Trail. There were 30 participants, for this first-time event. Supervisor in Aging & Adult Services, John Margolis was our coordinator of the event, and he's looking forward to the walk/run growing next year! Stay tuned.

Money Matters



All of us are feeling the pain of inflation. Gas prices are at record highs, and groceries are steadily increasing. Don't panic, there are practical steps to take to save money on the essentials.

Here's a report on how you can eat healthy, and save money at the same time: abc11.tv/3NpZqaE



One of our favorite publications on money matters is The Penny Hoarder. Check out their article, 25 tips to save money when your paycheck is thin: bit.ly/3OwLCM

Keep in touch with us daily via social media and our website

DCONC.gov/DSS



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/DurhamDSS

Our FEI Staff Gives from the Heart

Every year members of the FEI Division of our agency take it upon themselves to buy non-perishable groceries to distribute to food pantries around Durham County. This is done annually in recognition of Hunger Awareness Month. This year the food pantries selected were: Little River Community Center, World Empowerment Church, Faith Assembly Christian Center, and Masjid--Durham Neighborhood Pantry.



Special thanks to Rhonda Stevens, Maria Fuller, Latoya Chambers, Nancy Santos, Emma Perry & Natalie Pennington for packing the food, coordinating the effort and delivering the food to our Durham food pantries!