QUICK PEACH CRISP

PREP TIME: 5 min **COOK TIME: 15 MIN SERVINGS: 4**

INGREDIENTS

DIRECTIONS

SERVING SIZE: 1/2 CUP

- 4 peaches, sliced thin
- 1 tablespoon butter
- 1 tablespoon sugar
- 1 teaspoon ground cinnamon
- ¼ teaspoon ground nutmeg
- 2 teaspoons vanilla extract
- 1 cup granola

- 1. Thinly slice the peaches.
- 2. In a skillet, over medium heat, sauté the sliced peaches and butter until they begin to soften, about 5 minutes.
- 3. Add the cinnamon, sugar, nutmeg, and vanilla extract, and continuing cooking for another 5-10 minutes until the sauce has thickened.
- 4. Turn off the heat and spoon peach mixture into bowls. Sprinkle with granola and enjoy.



