

**Partnership for a Healthy Durham Mental Health Committee
July 19, 2018
Minutes**

Meeting Outcomes: After the meeting, members will:

- Be clear on next steps of the committee moving forward as the Mental Health committee
- Understand efforts of the existing Mental Health/Treatment subcommittee of the Durham County Opioid and Substance Use Task Force
- Have a list of additional partners to invite as part of the Mental Health committee

Facilitated by: Marissa Mortiboy

Present: Jen Isher-Witt, Jen Meade, Marissa Mortiboy, Robert Thomas, Ashley Bass-Mitchell, Marketa Baker, Pamela Swan, Kendra Rosa, Armenous Dobson III, Seneca Williams			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Introductions and review of minutes	Under the attendees' names, correct Boss-Mitchell to Bass-Mitchell. On page 1, change Kendra's suggestion to read "work closely with the County Task Force."		Marissa will post the corrected minutes on the Partnership website.
Results of vote on committee Focus	The committee has decided to move forward as the Mental Health committee. The decision was made between consensus at the June meeting and an online poll sent to the committee. There were seven eligible online votes and six agreed to focus on mental health.		
Update on Durham County Opioid and Substance Use Task Force	<p>Marissa attended the Durham Joining Together to Save Lives Mental Health/Treatment subcommittee meeting on June 7. The committee discussed its top five priorities:</p> <ol style="list-style-type: none"> 1. Treatment in the county jail system for substance use disorder 2. Address stigma around people of color having equal access to treatment and diversion 3. Increased funding for treatment services 4. Improve overall access to treatment 5. Improve system defragmentation <p>The subcommittee's current focus is researching policy around Medicated Assisted Therapy (MAT) in the Durham County jails.</p>	<p>Jen Meade suggested another Mental Health committee work group to focus on stigma.</p> <p>Pam suggested that a goal of the Mental Health committee should be to educate how integrated mental</p>	<p>Marissa will share committee's recommendations with Cindy Haynes to get her feedback.</p> <p>Anyone can attend the Mental Health/Treatment subcommittee meeting led by Cindy Haynes, held on the second</p>

	<p>Marissa shared from an email communication that Commissioner Wendy Jacobs, co-chair of the Durham Joining Together to Save Lives Task Force, would like the Mental Health/Treatment subcommittee to integrate their meeting times, dates with the Partnership. This is so people do not have to attend additional meetings and efforts are not duplicated. When the county-wide plan is complete, Commissioner Jacobs would like to see the Partnership take the lead on this piece.</p> <p>It was suggested to add the Mental Health/Treatment subcommittee of Durham Joining Together to Save Lives as a workgroup of the Partnership's Mental Health committee. The workgroup would be part of the Mental Health committee, work independently and report back to the larger committee. There would need to be a continual dialogue between the workgroup and the larger committee to avoid duplication of efforts.</p> <p>The County Task Force is focused on treatment and access to services. Merging completely with County Task Force would eliminate the focus on only mental health issues. Mental health is often an underlying issue to substance use but not vice versa.</p> <p>In the past, the Partnership had separate Substance Use and Mental Health committees. The Partnership merged the two to make sure the committees were working together instead of parallel. Together, they were a huge topic. Those working in substance use and mental health should be connected because there will always be overlap.</p>	<p>health and drug use are.</p>	<p>Tuesday of the month.</p>
<p>Next steps</p>	<p>Jen Isher-Witt shared the Partnership committee action plan process is data driven through feedback from the community and available data. To begin the process, the other committees reviewed data from the April Quarterly meeting and where priorities overlap. The Durham County Department of Public Health epidemiologist presented qualitative data from listening sessions on ideal state, barriers and solutions to each committee.</p> <p>The committee developed goals using the data. From there, committees will drill down to objectives and strategies. It is important that committees to make sure do thinks that are evidence-based and focus</p>		<p>Committee members who volunteered will reach out to organizations and individuals named and invite to the August meeting.</p> <p>Marissa will contact past regular committee attendees</p>

	<p>on policy, systems and environmental changes. Jen Isher-Witt will facilitate the action plan process and work with smaller workgroups to create indicators and measurables. Jen Isher-Witt will evaluate reach and impact.</p> <p>The committee brainstormed individuals to invite to the August meeting and identified who the committee contact would be:</p> <ul style="list-style-type: none"> • Durham Public School counselor- Armenous Dobson • Faith connections to mental health- Pam Swan • LGBTQ Center of Durham- Jen Isher-Witt • El Futuro- Kendra • Police/Sherriff Crisis Intervention Team- Pam Swan • Floyd McKissick- Pam Swans • You @ Duke- Jen Isher-Witt 		<p>to invite them to the August meeting.</p>
<p>Announcements</p>	<p>Recovery Celebration of Durham will be held September 8 at Durham Central Park. They will stage a play written by a board member. Everyone is invited.</p> <p>Alliance Behavioral Healthcare is hosting a traumatic brain injury (TBI) training on July 20, 10 am to noon in Conference Room B of the Durham County Human Services Building. They will discuss TBI and the pilot program.</p> <p>The Durham branch of the National Alliance on Mental Illness (NAMI) has a family-to-family peer education program. The course is for family and caregivers of individuals with serious mental illness.</p> <p>Executive summaries of the 2017 Community Health Assessment are available in English and Spanish. Let Marissa know if you would like multiple copies to distribute to your organization.</p>		
<p>Next meeting: Thursday, August 16; 3:00 - 4:30 pm- Start the action plan process</p>			