## **Non-Health Care Worker Symptom Screening Checklist**

Anyone showing symptoms of COVID-19 or who may have been exposed to COVID-19 should not work.

1.	Have you had close contact (within 6 feet for at least 10 minutes) in the last 14 days with someone diagnosed with COVID-19, or has any health department or health care provider been in contact with you and advised you to quarantine?  — Yes
	<ul> <li>➤ The worker should not work. The worker can return 14 days after the last time they had close contact with someone with COVID-19, or as listed below.</li> <li>□ No</li> <li>➤ The worker can work if they are not experiencing symptoms.</li> </ul>
2.	Since you last worked, have you had any of these symptoms?  Fever Chills Shortness of breath or difficulty breathing New cough New loss of taste or smell
	If a worker has any of these symptoms, they should go home, stay away from other people, and call their health care provider.
3.	Since you last worked, have you been diagnosed with COVID-19?  Yes No
	If a worker is diagnosed with COVID-19 based on a test or their symptoms or does not get a COVID-19 test but has had symptoms, they should not work and stay at home.
	Returning to Work
Av	<ul> <li>vorker can return to work when they can answer YES to ALL three questions:</li> <li>Has it been at least 10 days since you first had symptoms?</li> <li>Has it been at least 3 days since you've had a fever (without using fever reducing medicine)?</li> <li>Has it been at least 3 days since your symptoms have improved, including cough and shortness of breath?</li> </ul>
	n employee has had a negative COVID-19 test, they can return to work once they have no fever thout the use of fever-reducing medicines and have felt well for 24 hours.
	e employee can return to work without meeting the above criteria and without a negative VID-19 test result IF they have a doctor's note allowing them to return to work.



Staying apart brings us together.

Protect your family and neighbors.



Learn more at nc.gov/covid19.