

Coronavirus Disease 2019

What Durham County Residents Should Know

CALL your medical provider if you are experiencing symptoms and think you've been exposed to COVID-19. Do not visit your provider without calling first.



Coronavirus Disease 2019 (COVID-19) is a respiratory illness that spreads from person to person. It is thought to be spread through respiratory droplets when an infected person coughs or sneezes.

What are the symptoms?



Fever



Cough



Shortness of breath

Symptoms may appear 2-14 days after exposure.

To protect yourself from COVID-19



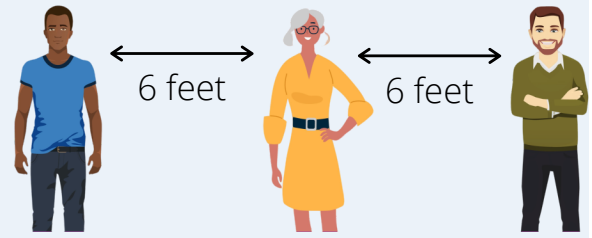
Wash hands frequently for at least 20 seconds each time.

Avoid touching your face with unwashed hands.



Stay away from others who are sick.

Practice social distancing; stay at least 6 feet from others when possible.



dcopublichealth.org | ncdhhs.gov | cdc.gov

NC COVID-19 hotline: **2-1-1** or **888-892-1162**; Durham County COVID-19 hotline: **919-635-8150**

   @durhamhealthnc | @ncdhhs | @cdcgov



Public Health