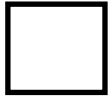
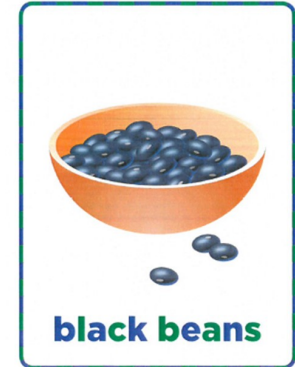
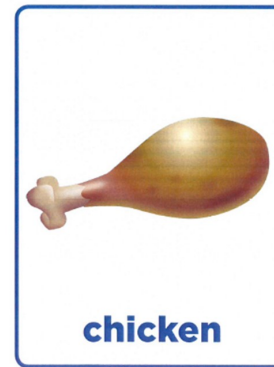
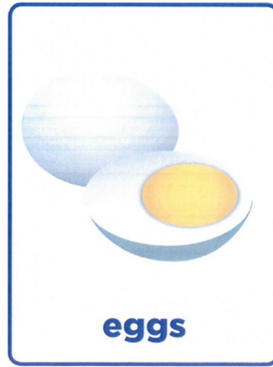




Draw a triangle around the protein foods that come from plants.



Draw a square around the protein foods that come from animals.



How many **plant** protein foods are there? _____

How many **animal** protein foods are there? _____

Are there more protein foods from **plants or animals**? _____ How many more? _____

How many protein foods are there **total**? _____

STANDARDS: **NC.1.MD.4** Organize, represent, and interpret data with up to three categories. Ask and answer questions about the total number of data points. Ask and answer questions about how many in each category. Ask and answer questions about how many more or less are in one category than in another. **NC.1.NBT.7** Read and write numerals, and represent a number of objects with a written numeral, to 100. **NC.1.G.1** Distinguish between defining and non-defining attributes and create shapes with defining attributes by: building and drawing triangles, rectangles, squares, trapezoids, hexagons, circles.



Protein



Why does your body need protein?

My body needs protein to _____ and _____.

Where do protein foods come from?

Protein foods come from _____ and _____.

What is your favorite food from the protein group?

My favorite protein food is _____.

Why is that your favorite protein food?

_____ is my favorite protein food because _____
_____.

STANDARDS: **W.1.1** Write opinion pieces in which they introduce the topic or name the book they are writing about, state an opinion, supply a reason for the opinion, and provide closure. **W.1.2** Write informative/explanatory texts in which they name a topic, supply some facts about the topic, and provide closure.

