Grains



Draw a picture of your favorite food from the GRAINS group! Foods in the GRAINS group give our bodies energy! Draw a picture of how you like to use energy. Write about what you are doing in the picture.

STANDARDS: W.1.2 Write informative/explanatory texts in which they name a topic, supply some facts about the topic, and provide closure.





Grains Group Foods

How many different grains group foods can you find on Jane Grain?

Write the names of the grains group foods you see:





STANDARDS: K.NPA.1.1 Classify foods by groups in MyPlate.

Grains Group Word Search

Find these grains group foods!	Х	Ρ	Τ	Х	F	Ι	L	J	0	С
group roous:	S	Ρ	А	G	Η	Ε	Τ	Τ	Ι	R
BREAD	Ν	F	F	Ν	W	R	L	Q	Т	A
CEREAL	R	K	L	В	С	A	Ι	0	U	С
CRACKERS	0	Z	Р	Z	F.	A	R	С	E	K
OATMEAL								-		
PANCAKES	С	S	J	R	С	Ί.	K	Τ	E	E
POPCORN	Ρ	K	E	Ζ	Ι	Ι	А	E	Ζ	R
RICE	0	С	Q	L	S	Η	Ι	G	S	S
SPAGHETTI	Р	W	L	А	Ε	М	Τ	А	0	U
TORTILLA	W	А	В	R	Ε	А	D	Ρ	F	V



STANDARDS: K.NPA.1.1 Classify foods by groups in MyPlate.