

## Prevention and Education Committee Minutes

Meeting began shortly after 4 pm on August 21 and adjourned shortly after 5 p.m.

Present: Wanda Boone, B. Angeloe Burch, Sr, Anne Sporn, Nicole Schvamm-Sapyta, Denene Hint, Nancy Kneepkins, Pamela Wall, Paula Harrington, Tonya Stancil

Participants were asked to bring examples of materials, videos, websites to use for providing information for this meeting. Prevention and Education includes 7 basic strategies ranging from information to policy.

The recent inmate overdose death in the Durham County jail was mentioned as a concern by Dr. Burch. Naloxone was not administered to the overdose victim because staff did not know that naloxone is available on each floor of the jail. More education about availability and administration of naloxone by jail personnel will likely save inmate lives in the future.

In an effort to help ensure that the Committee does not duplicate efforts, Dr. Boone showed many examples of Together for Resilient Youth's (TRY) prevention measures conducted under (TRY) funded grants.

### **Efforts and materials include:**

1. TRY billboard in Durham County "We can prevent Opioids when we join together" Visit [DurhamTRY.org](http://DurhamTRY.org)
2. Materials available to and distributed to the Prevention and Education committee members present:  
Brochures, magnets, rack cards and posters. Members indicated the number of materials they would like to distribute.
3. The Prevention and Education team were referred to the TRY website to view current prevention activities including the campaign message, Talk it Up, Lock it Up:

NC Opioid Action Plan and Prevention  
activities: <http://www.durhamtry.org/LOCK-IT-DROP-IT>

4. TRY activities also include:
  - a. Outreach to pharmacies as advocates and partners in harm reduction
  - b. Youth and Young adults and Adult stakeholder peer to peer outreach
5. Dr. Boone provided an overview of other Overdose prevention efforts and activities in Durham: *Alliance links to TRY and TRY links to Alliance:*

The Alliance website: Alliance for Action on opioids <https://allianceforaction.org>  
Resources and Reading has helpful materials:  
<https://allianceforaction.org/individuals/resources-and-reading/>

Paula Harrison spoke about the importance of easily accessible recovery facilities and questioned whether there is a recovery facility at Duke Medical Center. Dr. Schvamn-Sapyta and Dr. Wall both informed the committee that there is currently no recovery center at Duke.

Dr. Boone showed the [Video Opioid Overdoses in the ER](https://youtu.be/kqEgHQHAMqM) (<https://youtu.be/kqEgHQHAMqM>) and invited Dr. Nicole Schvamn-Sapyta to discuss her new project at Duke. She and her staff have studied and then created policies to make the Duke Emergency Departments ready to use standard practices for identifying patients at risk for opioid overdoses. These approximately 1,600 individuals would receive naloxone and treatment information before discharge.

Anne Sporn thought that this naloxone and treatment information could include informing these patients that the Durham County Department Health now provides free naloxone kits to patients, clients, family, and friends at the public health department pharmacy.

A slide of current NC emergency department opioid overdose data (attached to this email) began a discussion of how the Prevention and Education committee could help design and implement a volunteer Emergency Department program to support the new standard practices policies for ED patients identified as at risk for opioid misuse.

This would be a Policy Change:

- Begin a community liaison program of "peer counselors"
- Train volunteers to be available at the ED to help patients at risk
- Help family members to acquire knowledge and support.
- Use programs and models already in place (peer counselors for domestic violence, peer to peer coalition)
- Include "What is Addiction" presentation and video,
- Provide ACEs and Resilience training
- Institute process for volunteer selection
- Using Jeff and Becky George curriculum for lay volunteers, T2 Community Health Worker model, and other models as selected for review

Assignments before general meeting in September

1. Sexual assault volunteer curriculum. See link from Pamela:  
<https://www.mountsinai.org/patient-care/service-areas/community-medicine/sexual-assault-and-violence-intervention-program-savi>
2. SC curriculum for lay volunteers for addiction

3. No one Dies Alone Volunteer Training (another hospital volunteer model)  
Facebook link: <https://www.facebook.com/NODA.INFO/>
4. Addiction Training presentation review
5. Free sources of naloxone
6. TRY materials offered for distribution in the community:

Alliance: Magnets 50-100, 500 Opioid Brochures  
TRY Good Neighbor: 1,000 Opioid Brochures, 25 Magnets  
Others: 25 - 100 each Magnets and Brochures

Announcements:

Recovery Community of Durham - Recovery Month Celebration Saturday, September 8, 2018 - 2:00pm to 6:00pm Durham Central Park

National Overdose Day - **Date:** 31 August 2018 **Time:** 5pm **Location:** Bicentennial Plaza 1 E Edenton St, Raleigh, NC 27601

Meeting Adjourned.