



3.0 in Action: Partnering to Reduce Drug Related Deaths

Presented by
Gayle Harris, MPH, BSN, Health Director/
Durham County General Manager
(overseeing Health and Well-Being for All),
Teme Levbarg, PhD, MSW
Member at Large, Durham County BOH



Learning Objectives

By the conclusion of this session, you will be able to:

- Connect the value of public health advocacy with policy initiatives that support program development.
- Recognize the importance of inclusive partnerships for effective reach into the community.
- Describe the multidisciplinary approach to reducing drug related deaths.





Learn the Culture!

- Add picture of BOH





Got Culture?

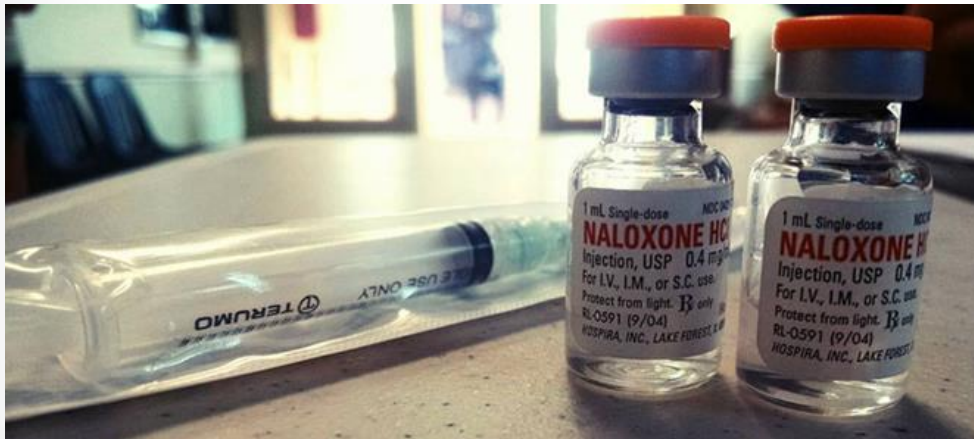
- Informed
- Inclusive
- Inquisitive
- Open to debate
- Share ownership
- Responsible
- Trust each other
- How can we help?
- We can say no
- Do the research
- Share the information
- Support
- Celebrate
- Champion the staff and programs
- Advocate



Durham County Board of Health Smoking Rule adopted by County Ordinance

- In an effort to protect the public from secondhand smoke, the Durham County Board of Health Smoking Rule was adopted and went into effect on August 1, 2012.
- Most recently, the Smoking Rule was amended to include e-cigarettes, effective January 1, 2016 and to include public places effective July 1, 2018.

SB20: Good Samaritan/Naloxone Access Law (April 9, 2013)



- Removed civil liabilities from doctors who prescribe and bystanders who administer naloxone, to save the life of a victim.
- Allows community based organizations to dispense Naloxone, under the guidance of a medical provider.

Timeline of Legislation

August 1, 2013 SB20

**911 Good Samaritan/Access
to Naloxone**

August 1, 2015 SB154

**Clarifying the Good Samaritan
Law**

2017 HB 243

**Strengthen Opioid Misuse
Prevention Act**



Timeline for Legislation

December 1, 2013

HB850

Possession of Needles/Tell Law Officer

October 22, 2015

HB712

Pilot Program/Used Needles Disposal

July 2016

HB972

Syringe Exchange



Harris, Gayle
From: Teme Levbarg <teme.levbarg@gmail.com>
Sent: Thursday, April 28, 2016 10:01 AM
To: John.faircloth@ncleg.net; Stan.Bingham@ncleg.net
Subject: Teme Levbarg
Support for the Syringe Exchange Bill

Dear Senator Bingham and Representative Faircloth,
Please move forward and introduce a syringe exchange bill this session. I believe it is an important and long overdue initiative.

- + Syringe exchange programs would reduce HIV and hepatitis C which is spread through shared needle use
- + Syringe exchange programs would lower needle-stick injury to law enforcement
- + Syringe exchange programs help connect people who struggle with addiction to treatment options

This is a win-win for law enforcement, public health and all citizens. It will save money and lives, while helping to protect law enforcement officers from risk of infection. It is the right thing to do and I urge you to move forward.

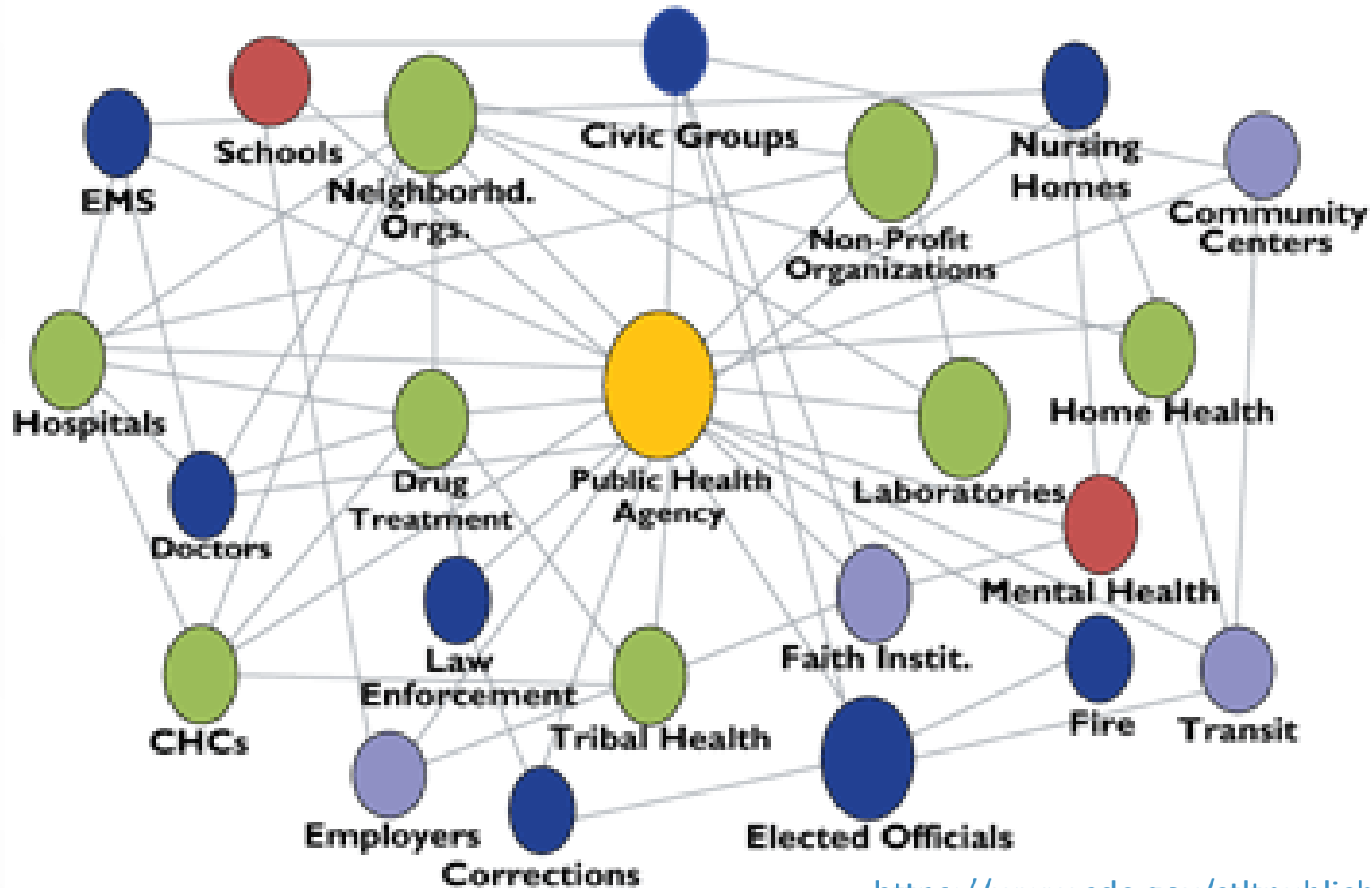
Thank you,
Teme M. Levbarg, PhD, MSW
Durham County Board of Health

Teme M. Levbarg, PhD, MSW
2215 Sparger Road
Durham, North Carolina 27705
H: 919-383-6110
Health care is vital to all of us some of the time, but Public Health is vital to all of us all of the time.
C. Everett Koop, MD, US Surgeon General, 82-89

Connecting public health law with public health practice



The Public Health System



<https://www.cdc.gov/stltpublichealth/publichealthservices/essentialhealthservices.html#10>



Working with Existing Community Partners

NC DPH

Alliance Behavior Healthcare

NC Harm Reduction

Sheriff's Office – Detention Center

Durham EMS

Criminal Justice Resource Center

Durham Police Department

Partnership for Healthy Durham

Duke Community and Family Medicine

Together for Resilient Youth (TRY)



Communication with Chief of Police



Public Health

November 10, 2016

Chief C.J. Davis
Durham Police Department
505 W. Chapel Hill Street
Durham, NC 27701

Dear Chief Davis,

On behalf of the Board of Health, we want to take this opportunity to thank you for coming to our September board meeting to share your philosophy for improving crime-related conditions in the Durham Community. All of us were delighted to hear about your plans to resurrect community policing and your interests in engaging other entities in a multi-facet approach to solving problems and placing resources in the prevention end of the spectrum rather than just in the reactive enforcement end. These strategies will improve relationships between law enforcement and the community and reduce crime rates overtime.

Our Board is committed to working to increase the average number of years that people in Durham County live. To that end, thank you for your strong support for the implementation of the Cure Violence Model in McDougald Terrace. Your willingness to assure that community policing in that community does not compromise the program is greatly appreciated. Your request for and participation in a telephone conversation with representatives from National Cure Violence, your request for law enforcement contacts in communities that have successful programs, and the use of the materials on the website demonstrate your desire to work with us to reduce loss of life due to gun violence.

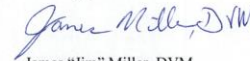
Opioid overdoses all too often, also, result in premature deaths. The Board strongly supports your desire to have your officers carry naloxone in order to prevent the premature loss of lives due to opioid overdoses. This legislatively supported, evidence-based strategy is saving lives all across the country, as you have experienced in Atlanta. Sheriff Mike Andrews is working with staff to develop a plan for the use of naloxone by detention officers in the Detention Facility. He is also supportive of deputies in the community carrying naloxone but would like to start the program at the same time as a program is started by the Durham Police Department. Both our medical director, Dr. Arlene Sena, and the medical director for Alliance Behavioral Healthcare, Dr. Tedra Anderson-Brown, are anxious to work with you to compile: 1) compelling evidence for the need for law enforcement to adopt this strategy for the benefit of our community; 2) reports of the lifesaving results associated with this medication; and 3) information about associated risk, if any, for the City of Durham. Rosalyn McClain will contact your office to schedule a meeting to begin this work.

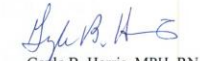


Human Services Building | 414 East Main Street, Durham, North Carolina 27701
(919) 560-7600 | Fax (919) 560-7652 | dconc.gov/publichealth
Equal Employment/Affirmative Action Employer

We look forward to working with your department in other ways. Thank you again for taking the time to visit with us. Welcome to Durham!

Sincerely,


James "Jim" Miller, DVM
Chair of the Board of Health


Gayle B. Harris, MPH, RN
Public Health Director



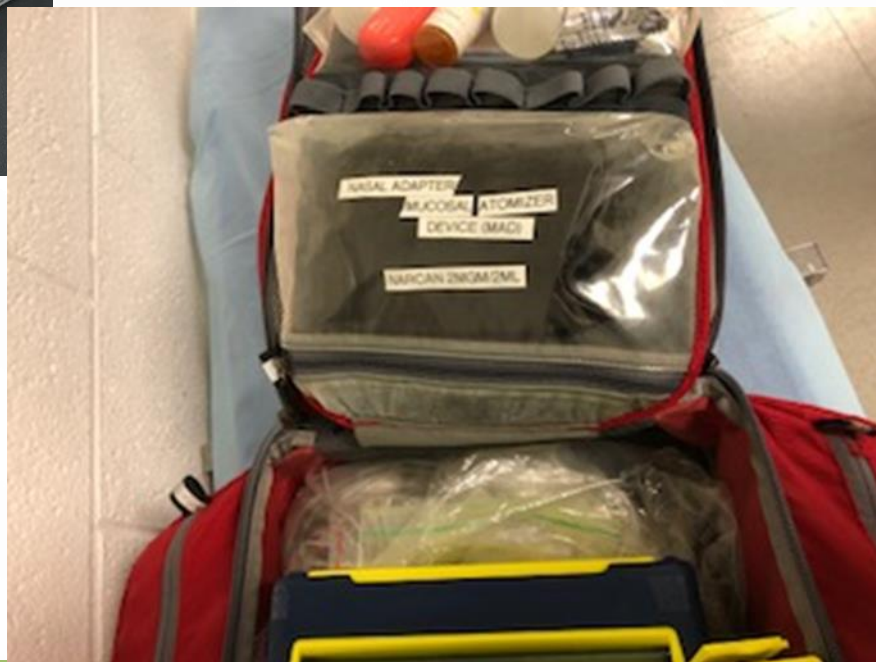
Human Services Building | 414 East Main Street, Durham, North Carolina 27701
(919) 560-7600 | Fax (919) 560-7652 | dconc.gov/publichealth
Equal Employment/Affirmative Action Employer



Free Naloxone (Narcan)



Packaged with AEDs in the Detention Center



Available in the DCoDPH Pharmacy

PROPERTY INTAKE
DURHAM COUNTY JAIL
Durham, North Carolina

DATE: _____ TIME: _____

It is requested that the following listed items be delivered to:

Inmate Name

Donor Name

ITEMS ACCEPTABLE IN THE JAIL:

- _____
- _____
- _____
- _____
- _____
- _____

Narcan

Receiving officer: _____

Squad: _____ ID#: _____

Receipt of the above listed items is acknowledged by above named inmate:

INMATE SIGNATURE

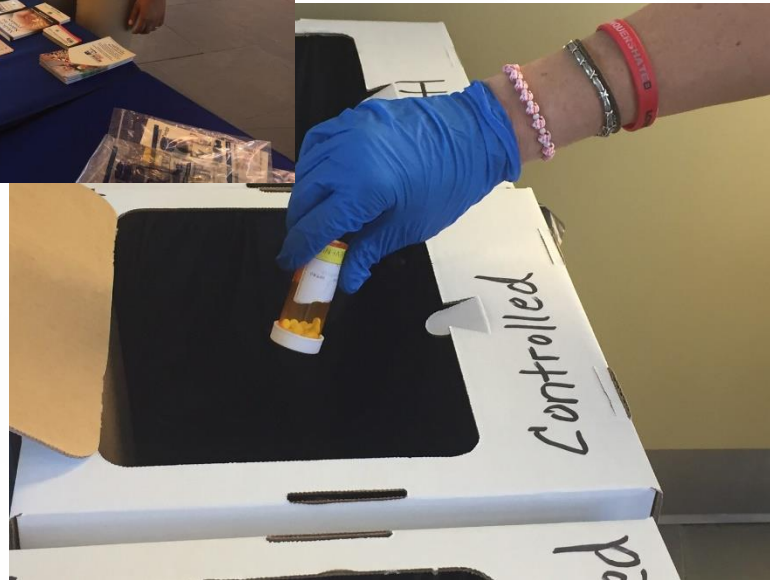
WITNESS SIGNATURE ID#

SEC-431 A

Available upon release from DCo Detention Center



Medication Recovery



Operation
Medicine
Drop

Partnering with NC Harm Reduction to Train Staff on Safer Syringe Program



Safer Syringe Program: Notification of Law Enforcement

Harris, Gayle

From: Harris, Gayle
Sent: Friday, April 6, 2018 12:31 PM
To: 'Davis, CJ'
Cc: Downey-Piper, Melissa (mpiper@dconc.gov); Blackley, Tara E.; Mallette, Katie; Marsh, Anthony
Subject: NOTIFICATION: Launch of Safe Syringe Program
Attachments: 8 - Pharmacy Security FY17-18 v2.pdf; 19 - Laboratory Security FY17-18.pdf; Release_Safe Syringe Program Launch.pdf; HE 16 Community Outreach and Safety.pdf; safe syringe program card (1).pdf

Importance: High

Tracking:	Recipient	Read
	'Davis, CJ'	
	Downey-Piper, Melissa (mpiper@dconc.gov)	
	Blackley, Tara E.	Read: 4/6/2018 12:39 PM
	Mallette, Katie	
	'Marsh, Anthony'	
	Downey-Piper, Melissa	Read: 4/6/2018 2:52 PM

Chief Davis,

The Durham County Department of Public Health (DCoDPH) will implement a safe syringe program (SSP) based on the guidance and program requirements from the NC Division of Public Health (NCDPH). DCoDPH will provide a fixed-site (the DCoDPH Pharmacy) and mobile-site locations (through health education/Bull City United outreach) for comprehensive SSP services in the community, which includes harm reduction and access to HIV and hepatitis C screening and care. SSP services will be provided free of charge and will operate under the health philosophy of harm reduction.

NCDPH has developed a Safer Syringe Initiative, which is a project to increase access to clean needles, hypodermic syringes and other injection supplies, facilitate the safe disposal of used needles and syringes, provide information about harm reduction and preventative health and connect people who inject drugs with treatment and medical and social services, as requested.

One requirement from the NCDPH is to officially notify the Durham Police Department and the Sheriff's Office of the program launch and to provide a copy of safety and security procedures. Please see the attached policies. We encourage you to notify all of your staff about this program.

1

Please also distribute a copy of the "safe syringe program card" so that all officers are aware that individuals and staff participating in this program should be carrying this card which provides limited immunity from prosecution. We also want to ensure that community members who come into the building to utilize the safe syringe program feel safe to do so without fear of being targeted by law enforcement upon entry or exit of our building.

For the knowledge of your staff, we are creating participant IDs based on the following information:

- Card to be provided on first visit and replaced if missing/lost
 - Participant ID naming convention – ABF1974H
 - 2 part initials
 - Gender code
 - M = male
 - F = female
 - T = transgender/other
 - 4 digit year of birth
 - Race code
 - W = white
 - B = black
 - A = Asian
 - H = Hispanic
 - = other
 - M = multi-racial

SSP packets will include:

- 10 sterile 1.0mL syringes with fixed needles
- Alcohol swabs
- Tourniquet
- Condoms
- Sharps Container
- Additional injection supplies
- Printed material for harm reduction and ancillary services

SSP packets will be provided in a confidential manner, in order to be protective of individual safety, security, and privacy. Individuals will be strongly encouraged to dispose of their used needles and syringes in the sharps containers and/or bring them to the DCoDPH Pharmacy Laboratory for safe and proper disposal. Intranasal naloxone, HIV and hepatitis C testing, mental health and substance abuse counseling will be offered to all individuals requesting SSP services.

2

Thank you for your support of this program. Please let me know if you have any questions.

GAYLE B. HARRIS, MPH, RN
 Public Health Director and General Manager for Community Well-being



Public Health
 100 Years of Service • 1913-2013
 Durham County Department of Public Health
 Human Services Building
 414 East Main Street
 Durham, North Carolina 27701

Office (919) 580-7850 | Fax: 919-328-6117
gharris@dconc.gov

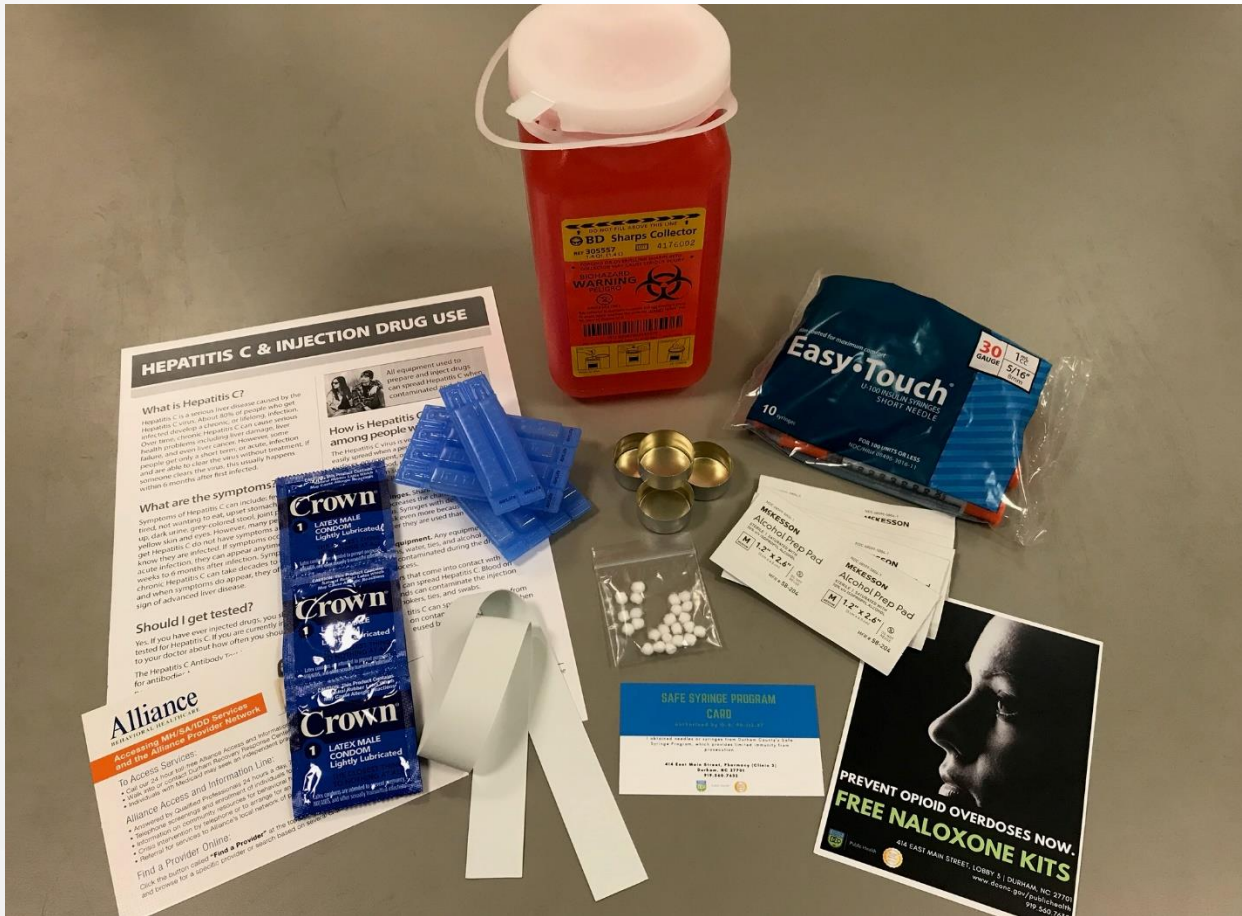
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3



Safer Syringe Program (SSP)



Items included in the kit:

- Sharps container
- Syringes
- Alcohol pads
- Cooker
- Cotton
- Sterile water
- Tourniquet
- Condoms
- Free naloxone kit info
- Hep C & IDU information sheet
- Referral info for treatment
- SSP participant card



Fentanyl test strip



Community Outreach

Staff members distribute SS Kits and Narcan during their regular work assignments



STD Testing in Non-traditional places



Community Outreach through the Violence Interrupters and Outreach Workers of the Bull City United Team (Cure Violence Program Model)



School Health Program

- Enlisted the assistance of Dr. Wanda Boone and Catherine “Kay” Sandford, MSPH, to help develop an educational campaign to raise awareness of the misuse of prescription medications, including opiates.
 - The campaign will provide education and prevention tools for DPS students in grades 5-12.
 - Education for students in grades 1-4 will focus on medication safety and what to do in emergent situations.
- Dr. Wanda Boone, the Executive Director of TRY (Together for Resilient Youth) and a member of several national and local and national committees, met with the planning team to offer information and advice on current TRY activities already in place in the schools, and offered to collaborate and provide educational materials for distribution throughout the schools.
- Catherine “Kay” Sanford, MSPH is North Carolina’s former Injury Epidemiologist (retired 2007). Ms. Sanford is a co-founder of Project Lazarus, a mentor and teacher for the NC Harm Reduction Coalition and was influential in the passage of NC’s Controlled Substances Reporting System and the Good Samaritan law (2013).
- She is guiding the planning for developmentally appropriate education and the incorporation of social determinants to adapt to the various ages and populations who will be offered the education.
- The School Health Program is proud to partner with two of Durham’s strongest advocates for the prevention of prescription, including opiates, misuse and abuse.

Collaborative Efforts



Durham County Leadership Forum on Substance Abuse



January 24, 2018

Dear Community Partners,

In Durham County in 2016, cocaine (17), heroin (11), prescription opioids (9) and other synthetic narcotics (6) contributed to unintentional medication and drug overdose deaths. According to the N.C. State Center for Health Statistics, these counts are not mutually exclusive in that deaths that involved multiple drugs can be counted multiple times. However, it is clear that illicit drug use remains a problem in Durham.

During the same time period, an average of 38 outpatient opioid pills per person in Durham was dispensed. Based on Durham's estimated 2016 population (306,212), approximately 11,636,056 outpatient opioid pills were dispensed. Regular use of opioid pain relievers - even when used as prescribed by a doctor - can produce dependence, and when misused or abused, can lead to fatal overdose. In North Carolina, as in our nation, the use of prescription pain killers has reached epidemic proportions. Closely related is the alarming increase in the use of heroin. It is time for local elected officials to assume a leadership role in reversing these trends.

On behalf of the Durham County Board of Commissioners, I would like to invite you to participate in a County Leadership Forum on Substance Abuse. Community-wide education regarding illicit drug use and the proper use and risks of prescription drugs is essential to lowering misuse and accidental overdose, as is having ready access to reliable treatment and recovery supports. By convening all the local elected officials from our county, as well as representatives from key organizations, we can learn the full effect of the medication and drug abuse on our county's residents, find out what resources are available to help our families, and develop collaborative strategies for effective education, prevention, and treatment that can and will make a difference here in Durham County.

The Durham County Leadership Forum on Substance Abuse will be held on February 27th from 8:30 a.m. to 12:00 p.m. at the Durham County Human Services Building, 414 East Main Street. We hope you will join us in this effort. Please register by clicking on this link: <https://www.surveymonkey.com/r/QQBXR96>.

If you have questions please contact Gayle Harris at (919) 560-7650.

Sincerely,

Wendy Jacobs
Chair, Durham County Board of Commissioners

[View this email in your browser](#)



Public Health

February 16, 2018

Dear Elected Officials and Community Partners,
The Durham County Board of Health is pleased that the Durham County Board of Commissioners and the N.C. Association of County Commissioners have partnered to bring together elected officials and other community leaders to develop a plan to address the issue of substance misuse including opioid and illicit drug abuse in our community.

Recent data provided by the NC Injury and Violence Prevention Branch showed in 2016, the following information for substances contributing to unintentional medication and drug overdose deaths in Durham County: cocaine - 17; heroin - 11; commonly prescribed opioid medications - 9; and other synthetic narcotics - 6. Keep in mind, these counts are not mutually exclusive. I cite these numbers to remind us that illicit drug use also remains a problem in Durham County.

In a Joint Report from National Association of Counties and the National League of Cities, A Prescription for Action, it is stated that "communities of color continue to feel the detrimental effects of the criminalization of addiction, which today is being replaced by a new focus on harm reduction and improved public health. Moving forward, we must give ongoing attention and action to the racial disparities relevant to addiction and its treatment." To that end, it is imperative that you as a leader in this community, join us on February 27th from 8:15 a.m. to 12:00 p.m. in the Durham County Human Services Building to help develop a plan that can save and rebuild lives in the Durham community.

This is important work! Please register using this link if you have not done so: <https://www.surveymonkey.com/r/QQBXR96>

Sincerely,

Dr. F. Vincent Allison, III
Chair of the Durham County Board of Health



The DCo Leadership Forum

Feb. 27, 2018



Durham Joins Together to Save Lives

Mission: To create and implement a countywide plan to address substance use and medication overuse



THE UNIVERSITY
of NORTH CAROLINA
of CHAPEL HILL
KNAPP-SANDERS BUILDING
CAMPUS BOX 3330
CHAPEL HILL, NC 27599-3330
T 919.966.6381
F 919.964.9554
www.sog.unc.edu

Durham Joins Together to Save Lives
(Mission: To create and implement a county wide plan to address substance use and medication overuse)

Meeting Agenda
June 7, 2018

Co-Chairs: Dr. Wanda Boone, CEO of TRY; Ms. Wendy Jacobs, Chair of BOCC

Wendy Jacobs, Chair
4308 Rivemont Road
Durham, NC 27712
Email: wjacobs@dconc.gov



Heidi Carter
31 Falling Water Drive
Durham, NC 27713
Email: hcarter@dconc.gov

Brenda A. Howerton
3325 Tarleton West
Durham, NC 27713
Email: bhowerton@dconc.gov

Ellen W. Reckhow
11 Pine Top Place
Durham, NC 27705
Email: ereckhow@dconc.gov

James Hill, Vice-Chair
5505 Lake Elton Road
Durham, NC 27713
Email: jahill@dconc.gov

COUNTY OF DURHAM
BOARD OF COMMISSIONERS

Dear Community Partner,

On February 27, 2018, Durham County Government convened a Leadership Forum on Substance Abuse and Medication Misuse in Durham County. Thank you if you were able to join us that morning! More than 140 stakeholders attended including elected officials, law enforcement, healthcare, non-profit, education and faith leaders. This forum was the first step toward developing a coordinated, integrated, systems approach to education, prevention and treatment of this crisis in our community.

Attached you will find excellent recommendations and ideas generated during the facilitated discussion portion of the Leadership Forum.

Our next step is to convene a Task Force to oversee the development of a Durham County Plan to address Substance Use and Medication Misuse.

We are inviting you to serve as a member of this Task Force because of your important skills, expertise and experience which will be vital for the creation of this plan. The Task Force will be comprised of 25 people and will meet bimonthly for about a 6-month period until the plan is completed. The Task Force will oversee the **Education and Prevention, Treatment and Data** subcommittees where much of the work will take place. The Task Force will make the final recommendations of the plan.

Wanda Boone, Director of Together for Resilient Youth, and I will serve as co –chairs of this Task Force.

We hope you will accept this invitation to participate and serve the Durham community in this capacity. Your talent, knowledge and leadership will help us develop a blueprint for action that makes the most effective and strategic use of our resources to address this critical need harming individuals and families in our community every day.

Our first meeting will be on June 7th from 5:30 to 6:30 pm at the Durham County Human Services Building. Please use this link, <https://www.surveymonkey.com/r/TNY67YR>, to let me know if you can join us on the 7th and your desired level of participation.

Thank you,

Wendy Jacobs
Wendy Jacobs
Chair, Durham County Board of Commissioners

Durham County Administrative Complex | 200 East Main Street, Durham, NC 27701 | (919) 560-0025 Fax (919) 560-0013
Equal Employment/Affirmative Action Employer | Website: <http://www.dconc.gov>

May 4, 2018

Dr. Jennifer Isher-Witt
Durham County Department of Public Health

Dear Jennifer,

Congratulations! We are pleased to notify you that a committee selected your community to participate in *North Carolina Local Governments and the Opioid Crisis: A Collective Impact Approach to Making Policy and Changing Lives*, an intensive two-year collaborative learning model provided by the UNC School of Government in partnership with Blue Cross NC. We received 39 applications for the program, which represented nearly half the counties in North Carolina. We were overwhelmed by the number of applications and inspired by the important work happening in communities across the state, including yours.

The UNC School of Government and Blue Cross NC will provide the following to each participating community: five regional forums at which teams will form goals, set plans for implementation, collaborate across fields and jurisdictions, and learn from experts on opioid-related issues; School of Government support throughout the process; \$10,000 to assist with the costs of hiring a community project manager; and \$10,000 in implementation funding for the project.

Each community selected will contribute a committed team—representing multiple departments, jurisdictions, and/or organizations—that will invest the time, energy, and work needed to achieve team goals; and travel funds for some team members to attend the five program forums.

For next steps, please go to this <http://sog.unc.edu/opioid-registration>


At this link, you will be able to confirm that you accept this invitation to participate in the two-year program; register to participate in the kickoff webinar; and register your core team members to gain access to Sakai (UNC's digital learning platform), which will enable resources to be shared between the School and community teams. The webinar will be held on **Thursday, May 17** from 10:00 a.m. to noon. Communities selected for the program are required to have core team representatives participate in this webinar, which will share more information about the program as we begin our work with you. Please also reserve **Wednesday, September 12** to attend the first program forum at the UNC School of Government in Chapel Hill. Finally, please do not announce your community's selection for the program until we share the official press release with you.

Thank you again for your application and commitment to this program, and especially for your efforts to strategically respond to impacts of the opioid epidemic in your community. We look forward to talking with you more on May 17. If we can answer any questions before then, please contact us at knelson@sog.unc.edu or emily.gangi@unc.edu.

Sincerely,

Agenda Items	Discussion Points	Next Steps
Welcome & Introductions – Wendy Jacobs (7 minutes)		
Overview: Why we are here – Wendy Jacobs (8 minutes) • list of ideas from Forum		
Next Steps – Wanda Boone (15 minutes) • Collective Impact Model • Ground Rules • Transitioning into Committee meetings • Charge to Committees o review Ground Rules – add to list if needed o identify additional stakeholders to invite o review Problem ID worksheet – Top 5 priorities o establish meeting schedule & location o report back contact info to Anne Sporn & Joanie Ross		
Next meeting of full body	September 11, 2018 6:00 – 7:00 p.m. (location TBD)	





“Durham’s vitality is built upon the health of our residents and the capacity of our community to foster and enhance the well-being of all of every citizen”

-Found on the Votive Wall of the Durham County Human Services Building-





DURHAM
COUNTY

DCO
NC

★ ★ ★ 1881 ★ ★ ★

Thank You!



Live. Grow. *Thrive.*