#### **HOURS OF OPERATION**

Monday-Friday 8:30 AM - 5:00 PM

Pregnancy Testing/Emergency
Contraception

Monday-Friday 8:30 AM - 4:00 PM

Medicaid and Family Planning Waiver accepted. For those not covered by insurance, fees are based on a sliding scale according to income and family size. We do not accept private insurance carriers.

All services are confidential.

Interpretation for non-English speakers is available.



### **CONTACT US**

414 East Main Street Durham, NC 27701 919.560.7630 919.560.7631 (Nurse Triage Line)







@DurhamHealthNC www.dcopublichealth.org





# FAMILY PLANNING



Public Health



## WHAT IS FAMILY PLANNING?

The Family Planning program provides education, counseling, and birth control methods to reduce unwanted pregnancies. Family Planning also prepares women for a healthy pregnancy and baby.

All services are confidential.

## BIRTH CONTROL METHODS AVAILABLE:

- Pills
- Nuvaring
- Depo Injection
- Mirena IUD
- Paragard IUD
- Nexplanon Implant

We strive to provide a
welcoming and
comfortable environment
for all of our patients. With
a staff of all women, we
have many years of
experience in women's
health.

### **SERVICES INCLUDE:**

- Annual Physical and Post-Partum examinations including pap smears, breast exams, and STI testing as indicated.
- Counseling about Birth Control Methods and STI prevention.
- Emergency Contraception and counseling.
- Pregnancy testing and counseling.
- Abnormal pap smear follow-up and colposcopy.
- Weight management through our nutrition clinic.
- Counseling about Tubal Ligations and Vasectomies and access to the NC Regional Vasectomy program.
- Quick Start Birth Control Methods.