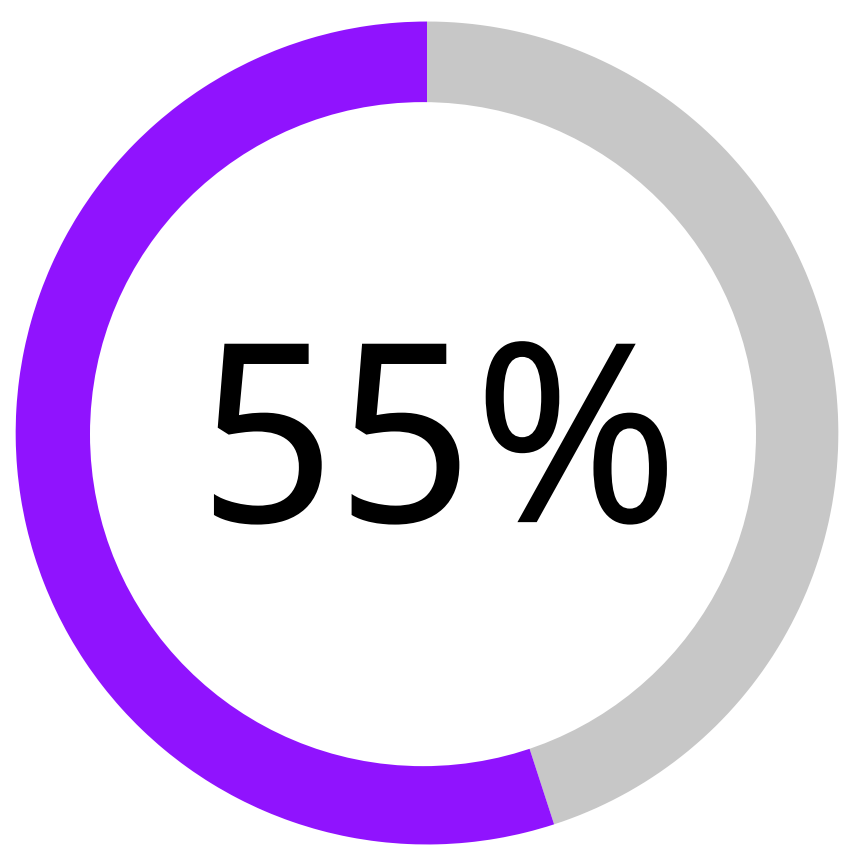


Mental Health

“ Individuals suffering from mental illness are at risk on many levels: they often wind up in **jail**, are not diagnosed, and are **excluded from society**.”¹

-Durham resident, 2018



of residents surveyed in 2018 said **mental health is a top issue** in Durham.¹



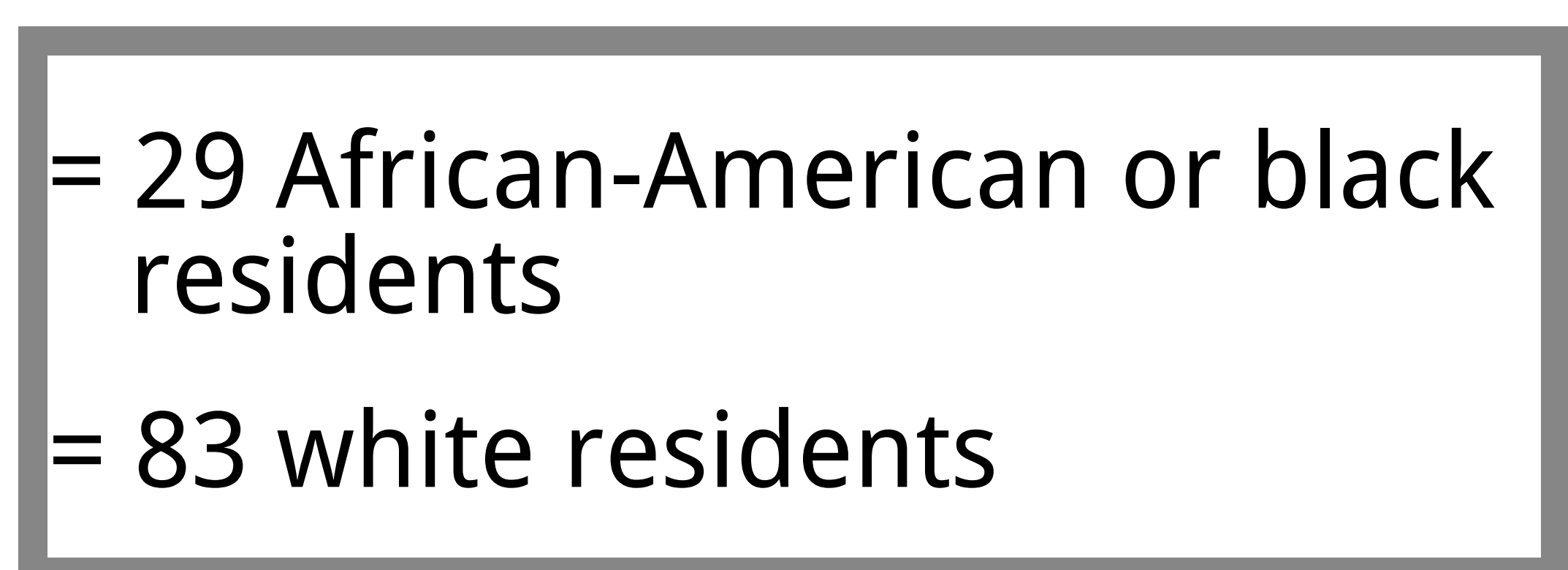
1 in 4

DPS high school students reported having **feelings of depression** during 2015.²

Suicides among Durham Residents, 2012-2016³

Rate per 100,000 population

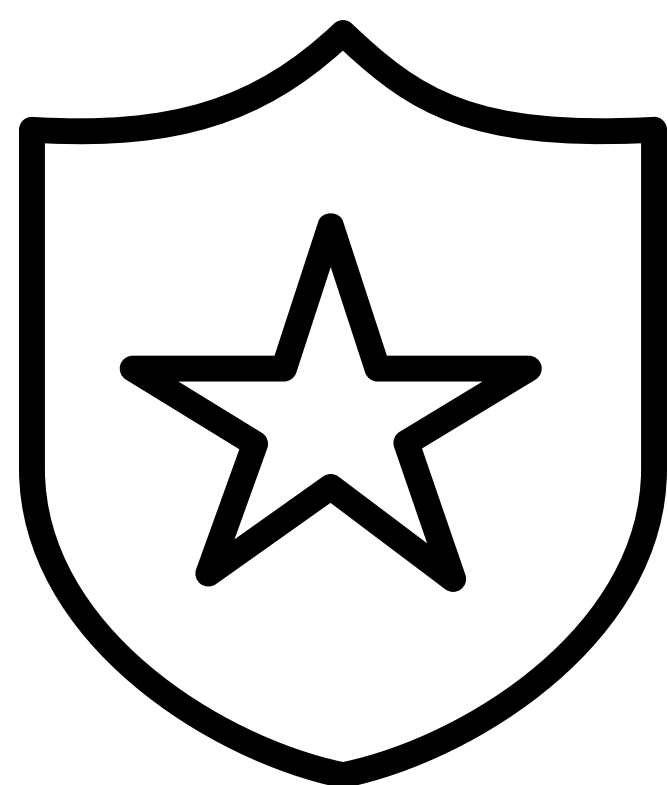
Number of deaths



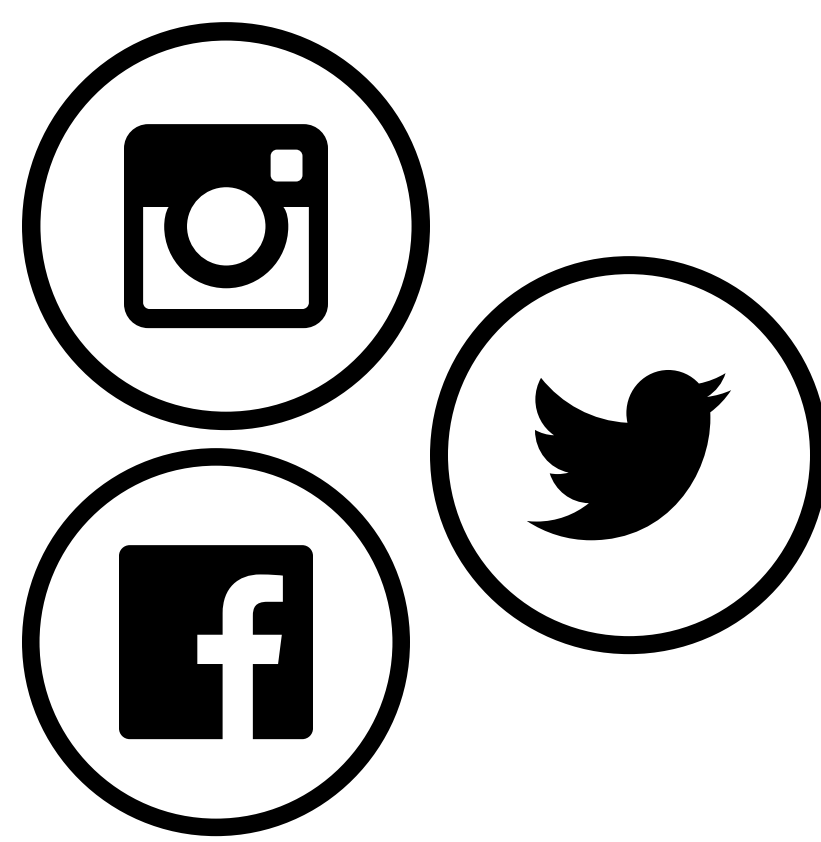
We heard you!

Here are some of the most common recommendations that came out of a series of six listening sessions with residents about how to address mental health issues in Durham.

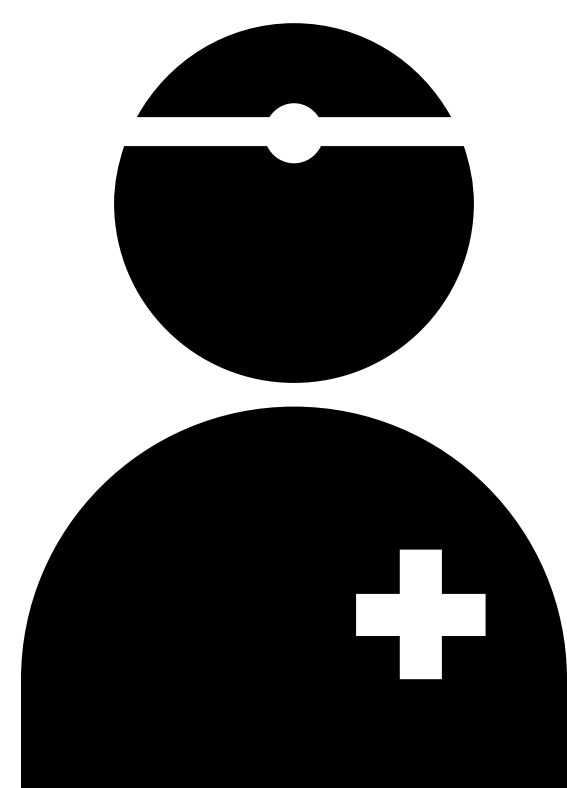
Resident Recommendations



Train all police officers and first responders on how to interact with people with a mental illness.



Create an anti-stigma campaign. Show people talking about their mental health issues.



Provide culturally competent care. Primary and mental health care should be coordinated. There are many studies showing this strategy has a positive impact.⁴



Provide universal free mental health screenings and care in schools. This recommendation is **scientifically supported**.⁴

For more information or to get involved, visit: healthydurham.org



Public Health



Partnership for a
Healthy Durham

1. Durham County Community Health Assessment Prioritization Survey. Internal data and analysis; 2. 2015 Durham County Youth Risk Behavior Survey; 3. CDC Wonder Detailed Mortality, 2012-2016; 4. County Health Rankings and Roadmaps - What Works for Health- Policies and programs that can improve health. Photo of Durham County Jail retrieved from WUNC North Carolina Public Radio, Advocates Question Plans for Video Visitations at Durham Jail. Photo of listening session retrieved from Durham County Department of Public Health.