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Formerly Incarcerated Transitions Program (FIT) Update

Keyanna Terry, MSW,
FIT Program Supervisor

Torrey Green, Community Health
Worker, FIT Program



FIT Program Summary

- Utilizes existing state and local resources to assist formerly incarcerated persons suffering from chronic disease with all aspects of successful reentry including a linkage to medical services.
- Community Health Worker – key employee for care coordination and navigation.





FIT Program Goals:

- Connection to needed resources
- Reduction in:
 - preventable negative health events
 - emergency room utilization
 - hospitalization (and increased chances of disability)
 - recidivism





Funding Sources of FIT Program

- North Carolina Department of Public Health, Chronic Disease and Injury Section, Aid-to-Counties grant
- Duke Endowment grant obtained by UNC Department of Family Medicine





FIT Program Updates

- Connection with Transition Clinic Network (TCN)
 - CHW is currently enrolled in online training with TCN, anticipated graduation date Spring 2018
 - Monthly coaching calls
 - On-going sharing of resources (e.g., research findings, patient education materials, etc.)





North Carolina Department of Public Safety Transition Sites

- Originally scheduled to open at the beginning of FY 17-18
- Central NC Site (e.g., Wake County) is not yet open; no word on an opening





Current Activities

➤ Clients Seen

- Number of clients released who are living with chronic illnesses has been relatively low
- Current Caseload

➤ Networking, on-site hours at CJRC

➤ Issues and Challenges

- Many clients returning to the community have been adverse to change
- Some clients have seen ongoing engagement as a stressor





Competing Services

- Urban Ministries
 - Proximity to other services provided
 - Many similar services
- Community-based clinics
 - Familiarity
 - Individuals feeling attached to prior providers





Key Partners

- ✓ Lincoln Community Health Center
- ✓ Urban Ministries
- ✓ Durham Center Access
- ✓ Criminal Justice Resource Center
- ✓ Probation and Parole
- ✓ NC Department of Corrections



Questions,
Discussion



Thank You!



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