## Make a Fresh Start and quit smoking.

Do it for yourself and those you love.

## Wednesdays, January 20-February 10, 2016 5:30pm-6:30pm

Fresh Start quit smoking program will meet once a week for one hour on the dates above.

## **Durham County Department of Public Health**414 E. Main St, Durham

One hour, once a week, quit for life!

For more information or to register, for this <u>FREE</u> program, call 919-560-7771 or email wrobinson@dconc.gov



**Public Health** 

This is a **free** program offered by the **Durham County Department of Public Health.** 

To register online, click below:

http://events.constantcontact.com/register/event? Ilr=gdhnt6dab&oeidk=a07ec2gd9vw518690b7