

Annual Report FY 2015

Message from the Director

We are pleased to present to you this summary of our work during fiscal year 2014-2015. The Criminal Justice Resource Center continued to pursue excellence in the services and programs we provide to over 2500 criminal justice involved individuals and to the community.

The Criminal Justice Resource Center provides programs and services along the whole continuum of the criminal justice system from preventing arrest and criminal records, substance use disorder and mental health treatment for Durham County Detention Center inmates, to rehabilitation and substance use disorder treatment for those on probation and post release.

In 2014, we received a grant from the Governor's Crime Commission to fully implement the innovative Misdemeanor Diversion Program for 16 and 17 year olds who commit minor offenses for the first time. Over 100 youth were able to avoid a criminal charge thanks to the program (more about the program on page 10).

In partnership with many community agencies, the Criminal Justice Resource Center hosted a well-attended recovery celebration in September 2014. The event received the 2014 National Recovery Month, Special Celebrations Award from the Substance Abuse and Mental Health Services Administration (SAMHSA). Read more about the event on page 4.

We continuously measure our work and review the outcomes. Our agency follows the principles of Durham County's business model "Managing for Results" so that in collaboration with our local and state partners we can

- Plan for what we want to achieve
- Budget for the results we want
- Manage to ensure we achieve these results and
- Evaluate to determine how we can make improvements for better outcomes.

We look forward to an exciting fiscal year 2016 during which we will place special emphasis on

- Oldentifying opportunities to reduce the number of inmates with mental illness in our jail
- Expanding the Misdemeanor Diversion Program to a larger group of individuals and
- Developing a broader network of reentry services for persons returning to our community after incarceration.

On behalf of the entire staff, I thank you for your continued support and your interest in our work.

Sincerely, Gudrun Parmer Director

Substance Use Disorder Services

Community Based Substance Use Disorder Services

CJRC offers a continuum of outpatient substance abuse treatment services to offenders in Durham County who are under correctional supervision and assessed to have a substance use disorder. Treatment services are provided with the goal of helping clients establish crime and drug

free lives. Treatment services are tailored to the individual needs of the clients beginning with the development of a person centered treatment plan which builds on individual strengths and needs. Each client is placed in a level of care that reflects his or her substance use history and frequency of use. Clients receive group counseling, individual counseling, drug testing, and sanctions and rewards for attendance and compliance with program rules.



- 262 Clients received substance use disorder treatment
- 198 cases were closed, 43% of them successfully completed

Jail Based Substance Use Disorder Services (STARR)

The Substance Abuse Treatment and Recidivism Reduction Program (STARR) is an intensive four-week chemical dependency treatment program provided to inmates in the Durham County Detention Facility. Participants receive group counseling, psycho-educational classes, and some individual counseling. Forty participants can be served each treatment period and all slots are usually filled. The majority of STARR participants are court or probation ordered. Upon completion of STARR, an additional four-week program (STARR GRAD) is available for 25 inmates. Treatment in GRAD focuses on relapse prevention, life skills, release planning, and linkage to services upon release. STARR is a cooperative effort between CJRC and the Durham County Office of the Sheriff.

- 427 inmates were admitted to STARR, 203 continued to STARR GRAD.
- 68% of STARR and STARR GRAD participants graduated
- 33% of graduates were referred for treatment services; 55% were connected within 7 days of release



STARR Staff with Naloxone kits

The statistics on overdose deaths for people recently released from jail or prison are appalling. Some studies report that formerly incarcerated people are over 100 times more likely to die of a drug overdose in the first two weeks post-release than the general population. In 2014, four people died of drug overdose soon after being released from Durham County Detention Facility, one within 24 hours.

After years of advocacy by Randy Tucker, STARR Supervisor, and Kay Sanford, liaison for North Carolina Harm Reduction Coalition, (NCHRC), in May 2015, STARR started distribution of Naloxone (overdose reversal kits for opioids) to clients as they are released from jail.

"People coming out of jail [and prison] are at the highest risk of death," says Randy Tucker. "This effort is about connecting them to the right tools and the right training to prevent some of those deaths."

Durham Celebrates Recovery September 2014

Durham County CJRC won the 2014 Recovery Month, Special Celebrations Award from the Substance Abuse and Mental Health Services Administration (SAMHSA)

On Thursday September 25th, 2014, the Durham County Criminal Justice Resource Center hosted a recovery event with the help of thirty community providers and agencies. With the theme of "Reach Out, Speak Up, Join the Voices for Recovery", the event celebrated mental health and substance use recovery by featuring speakers and poets willing to reach out and speak up about the stigma of behavioral disorders and the many pathways leading to recovery. The event also featured food, music, healthy eating demonstrations, Zumba and line dancing, child and teen activities, health screenings, a recovery poster competition and lots of information about resources. The event was open to the general public and attended by 450 to 500 people.



















Drug Treatment Court (DTC)

Drug Treatment Court is an intensive, highly structured program designed to identify and treat offenders whose criminal activities are generally related to substance use. Adult Drug Treatment Court's mission is to break the cycle of crime and drug addiction by offering the tools to stay clean, including, substance use disorder treatment, housing, school and employment assistance. Accountability is provided by a team of court related personnel and treatment professionals who meet bi-weekly and utilize a sanction and incentive system to respond to program compliance.

- 9 69 individuals were served and 38 were discharged, 34% graduated
- 55% of those discharged in FY 2014 were not rearrested for a new misdemeanor or felony charge 12 months after discharge; 40% of graduates were not rearrested 12 months after completion



Community Based Corrections

Community Based Corrections (CBC) provides cognitive behavioral programming, employment, housing, and other wrap around services to court involved adults living in Durham County. The individuals are at least 16 years old and referred by NC Division of Community Corrections (Probation, Post Release Supervision and Parole) and the NC Courts. Individuals are referred for programs like Treatment for Effective Community Supervision (TECS) and Reentry (REP).

Treatment for Effective Community Supervision (TECS)

Treatment for Effective Community Supervision (TECS) was a 3 year contract for 2012-2015 managed by NC Division of Community Corrections to provide cognitive behavioral programming services to court involved individuals. Probation Officers referred individuals based on their high risk for reoffending and need for services.

Cognitive Behavioral Intervention programming uses curricula that teach participants to understand their thought patterns, feelings and behaviors to change criminal thinking and anti-social behavior through extensive in-class participation and reflection, and homework by participants.



- 264 TECS CBI cases served, 176 exited
- 32% successfully completed CBI, and 66% successfully completed or exited for neutral reasons

Reentry Program (REP)

The Reentry Program (REP) is designed to facilitate the smooth return of released prisoners into the community after incarceration in the state prison system. Individuals in the Reentry Program are considered serious and/or violent felons who served significant time in prison for high-level felonies (Classes B1 through E).

- 50 Reentry clients were served, 38 closed
- 39% were employed at case closure
- 60% successfully completed the program requirements, 26% were terminated because of a new charge, non compliance, or absconded supervision

Community Based Corrections — Employment, Housing and Wrap Around Services

Employment

Many clients come to CJRC with no job, work history or employment skills. Through a partnership with Durham Technical Community College (DTCC), CJRC has continued to offer employment preparation and skill building, including resume writing, interviewing, computer use, and job search. CJRC also contracts with community providers for classes and trainings including forklift operation, automotive services, and culinary arts.



CJRC, in partnership with other Durham County departments, maintains six temporary positions to assist in job training for clients. Clients apply for the full-time positions, are paid a living wage and gain 6 months of work experience.

- 160 clients received employment services, 45% completed the employment readiness program or left the program because they obtained a job
- 8 clients filled the County work experience positions

Housing

Our residential facility offers short term placement for adult males who are in need of transitional housing. The home is primarily used when individuals are at risk of becoming homeless because they have just been released from prison and do not have a place to live or are unable to stay in their current location. CJRC contracts with a community provider to staff the 6 bed facility 24 hours each day, 365 days a year.

40 clients were placed in the CJRC transitional house, occupying 1749 bed days, for an utilization rate of 80%.

Basic Needs and Referrals

Clients often do not have basic necessities such as clothing, food, identification documents, medication or health care. CJRC assists clients cover their basic needs through internal services and refers them to other agencies and community providers for mental health, veterans, disability, health insurance, etc. services.

80 clients received 121 referrals for clothing, vocational training, mental health services, mentor/faith teams, identification documents, and employment

Transportation

CJRC provides bus tickets to clients with no means of transportation to attend treatment, employment and other services arranged by CJRC.

232 clients received 2,316 bus tickets

The Cognitive Behavioral Counselors produce a quarterly newsletter for clients and court involved individuals about becoming and staying crime free.



Pretrial Services

The purpose of Durham County's Pretrial Services is to create a systematic approach for recommending release and community supervision for defendants who do not pose a risk to the community as they await trial. The overall goal of the program is to relieve jail crowding and to ensure that defendants return to court for disposition. Durham County Pretrial Services focuses on two components: First Appearance and Pretrial Supervision.



First Appearance

Pretrial Services strive to provide complete and accurate information to judges to assist in the release or detention decision for inmates. Pretrial Services prepares criminal record histories of all defendants. For all individuals considered for the pretrial release program, Pretrial staff also conducts a risk assessment, which contains criminal history, and information about community ties, school attendance, mental health, substance use and medical problems.

Additionally, Pretrial staff provides some assistance to those not eligible for Pretrial Services by notifying family members or friends of court dates and bond amounts.

- Pretrial conducted 1,171 Risk Assessments
- Pretrial made 854 contacts to inmates' families and friends.

Pretrial Release and Supervision

Pretrial Services actively supervises pretrial defendants while ensuring that agency-mandated conditions and court-ordered requirements are satisfied. Pretrial supervision includes office and/or field contacts with defendants, and court date reminders. Pretrial Services clients are referred to various community services and programs based on identified needs. Electronic Monitoring is available for high risk offenders at the Court's request.

- Pretrial supervised 315 cases, 239 were closed
 - 72% of pretrial supervisees attended all court dates until disposition without acquiring a new charge
 - 4% failed to appear for a court hearing
 - 11% obtained a new charge
 - 13% failed to comply with release conditions and were returned to jail
- 28,299 jail bed days were saved for a potential savings of \$2,793,960

Jail Mental Health, Court Psychologist, Youth Home

Jail Mental Heath

Two full-time and a part-time staff provide mental health services and discharge planning for inmates identified with Severe and Persistent Mental Illnesses (SPMI). The target illnesses include individuals with Schizophrenia, Bi-Polar Disorder, Major Depressive Disorders, and other individuals deemed to be in need of immediate treatment.



Additionally, the jail mental health practitioners monitor suicide precautions, respond to sick calls, screen inmates with severe mental illness (SMI), and provide psycho-social education groups for dually diagnosed (mental health and substance use) individuals.

- Staff contacted 4,174 inmates to determine mental health needs
- 100% of inmates with SPMI, who were on medication at jail admission and were screened by staff, were provided medication while detained.
- Staff contacted all treatment providers for inmates with SPMI to inform them that their clients had been detained.
- 100% of inmates meeting target population criteria who were released with a Durham County home plan had a scheduled appointment with a treatment provider.

Court Psychologist

The Court Psychologist primarily provides psychological evaluations of youth and adults in the criminal justice system, with recommendations for follow up treatment. Additional services include:

- Brief supportive guidance and counseling to family members
- Consultation services for Juvenile Court Counselors, the Courts, as well as Child and Family Support Teams following completion of evaluations.
- Supportive counseling for youth placed in extended detention.
- 144 individuals were assessed and assisted

Youth Home

All Durham youth admitted to the Durham County Youth Home were screened for mental health, developmental disabilities and/or substance use (MH/DD/SA) issues to insure connection to and coordination of behavioral health services. The youth received further substance use assessments, psychological evaluation/testing, and discharge planning as needed.

85 Durham youth were assessed and received assistance

Gang Reduction Strategy

The Durham County Board of County Commissioners and Durham City Council established the position of Gang Reduction Strategy Manager in 2011 to ensure a coordinated community wide approach to reduce criminal activity committed by gang members.

The Gang Reduction Strategy Manager leads three committees to study and address gang activity in Durham: the Gang Reduction Steering Committee, the Prevention Intervention Team and the Suppression Team.



Former gang members discuss reentry difficulties

The Steering Committee presented five reports to the community on juveniles, crime and gangs. To view the reports, visit the <u>GRS</u> <u>website</u>. In addition, the Steering Committee hosted several discussions with gang experts and former gang members.

The Prevention/Intervention Team meets quarterly to provide a venue for stakeholders to learn more about the Comprehensive Gang Model, and to coordinate resources.

The Suppression Team, consisting of law enforcement, probation, juvenile justice and the District Attorney's office, meets regularly to share intelligence, coordinate efforts and to plan events such as probation searches and youthful offender call-ins.

Juvenile Crime Prevention Council

The NC Department of Public Safety, Division of Adult Correction and Juvenile Justice collaborates with the Juvenile Crime Prevention Councils (JCPC) in all counties to galvanize community leaders, locally and statewide, to reduce, and prevent juvenile crime. JCPC works to develop community-based delinquency prevention strategies and programs to divert at-risk juveniles from becoming court involved. The Council assesses local youth service needs annually and addresses gaps in services.

In FY 2015, Durham JCPC awarded \$536,666 in grants to community organizations targeting service needs and youth at high risk for court involvement. Seven programs were funded and over 700 youth were served.

FY 2015 JCPC funded programs were:

- Durham County Teen Court & Restitution Program
- Edna Spaulding Conflict Resolution Center, Juvenile Justice Project
- Exchange Clubs Family Center, Parenting of Adolescents
- The Durham P.R.O.U.D. Program (PROUD—Personal Responsibility to Overcome with Understanding and Determination)
- Durham Cooperative Extension, Project BUILD Street Outreach for Gang Prevention/Intervention
- El Futuro—Durham Clinical Program
- Rebound Alternatives for Youth

Misdemeanor Diversion Program (MDP)

North Carolina is one of only two states that continue to prosecute 16 and 17 year olds charged with criminal offenses in the adult criminal system. These criminal records can have severe collateral consequences, especially for youth of color, while also having a grave fiscal impact on individuals, families and communities. The Durham County Misdemeanor Diversion Program (MDP) seeks to avoid a first arrest and keep youth out of the adult criminal system.

The Durham County MDP changes how 16 and 17 year olds who commit non-violent misdemeanor offences for the first time are served. In lieu of formal court processing, an incident report documents and tracks the event. Within a 90 day time frame, participants are required to complete community programs that address the youths' individual needs and coincide with the incident they were referred for. When the participant successfully completes all MDP requirements, the incident is closed without the youth being admitted into the adult criminal system.

- 110 youth have been served between March 2014 and Jun 2015, 105 completed MDP and 5 were still active at the end of the fiscal year
- 100% of the youth completed the programs to which they were referred



Circles of Support and Accountability (COSA)

CoSA's mission is to substantially reduce the risk of future sexual victimization of community members by assisting and supporting convicted sexual offenders after their release from prison integrate with the community and lead responsible, productive and accountable lives.

Based on Restorative Justice principles, Durham CoSA volunteers build relationships of trust and friendship with sex offenders (core members) returning from prison. Through these friendships, CoSA volunteers reduce the core member's isolation and secrecy, which correspondingly reduces the likelihood of a re-offense. The community volunteers (usually 3-4 in each circle) and the core member commit to be accountable to one another, support each other, and communicate daily.

- Durham CoSA expanded from 3 to 8 circles.
- Of the 8 core members.
 - Seven have successfully completed or are in the process of completing the CJRC Reentry Program and are in stable housing.



- Six are currently employed and are actively engaged with their circles.
- One core member absconded and was returned to custody but did not commit a new offense.

Get Involved, Contact Us



Community Based Corrections – Substance Use Disorder Treatment, Drug Treatment Court, Cognitive Behavioral Interventions, Employment, Housing Roshanna Parker, rparker@dconc.gov, 919-560-0550

Pretrial Services, Jail based Substance Use Disorder Treatment (STARR), Jail Mental Health, Court Psychologist

Peter Baker, pbaker@dconc.gov, 919-560-0505

Student Internships

CJRC welcomes undergraduate and graduate student interns. To apply for an internship opportunity, apply at http://dconc.gov/cjrc or contact Robert Thomas, rthomas@dconc.gov, 919-560-8929

Circles of Support and Accountability

CoSA strives to reduce the risk of future sexual victimization of community members by assisting and supporting released sex offenders in their task of integrating with the community and leading responsible, productive and accountable lives.

Drew Doll, drew.doll@durhamcosa.org

Clothing Closet

CJRC provides work appropriate clothing for clients seeking work or are currently employed. We accept donations of clothing and shoes for men and women. To make a donation, please contact Robin Heath, rheath@dconc.gov, 919-560-0551

Criminal Justice Advisory Committee (CJAC)

The purpose of the Criminal Justice Advisory Committee (CJAC) is to develop a comprehensive continuum of services for the adult criminal justice system, identify services gaps, and develop intervention strategies and comprehensive solutions. CJAC is a 20 member advisory board to CJRC. CJAC has several subcommittees to address its shared values:

- Reduce the demand for County iail beds.
- Reduce the number of Durham County residents in state prison facilities
- Develop a continuum of programs, services and sanctions that provides options to the criminal justice system
- Pursue initiatives that are respectful towards victims, offenders and the community
- Pursue funding for initiatives through grant opportunities and requests to local and state government.

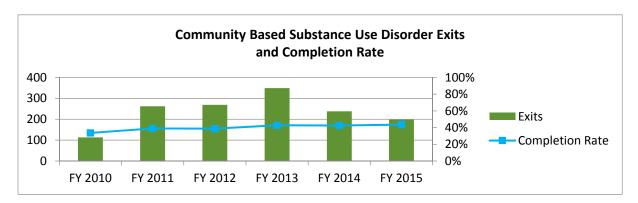
Residents are welcome to apply for board membership and participation on subcommittees. For more information, contact Gudrun Parmer, 919-560-0500, gparmer@dconc.gov

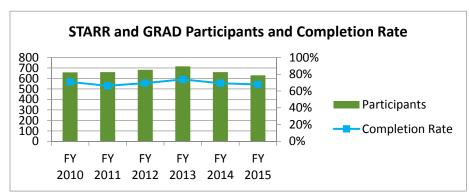
Recovery Month

Durham Celebrates Recovery is a nonprofit organization that promotes long term recovery from substance use and mental illness for Durham County residents. To get involved, contact Robert Thomas, rthomas@dconc.gov, 919-560-8929

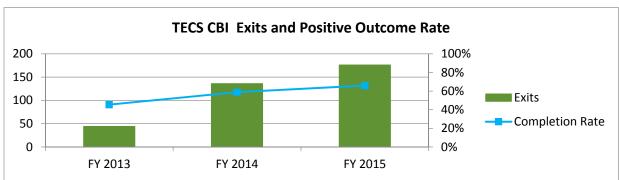
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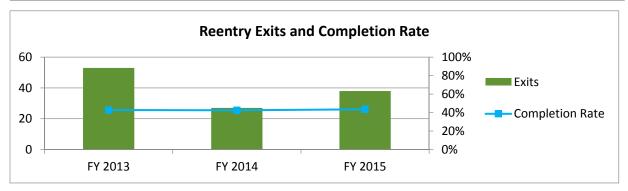
CJRC has provided services and programs to criminal justice involved individuals since 1996. Below are multiyear trends for several of the programs that CJRC operated in FY 2015.

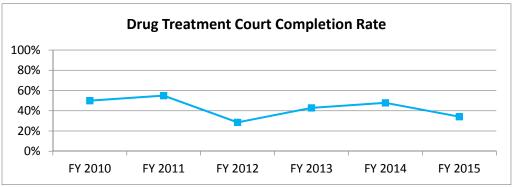




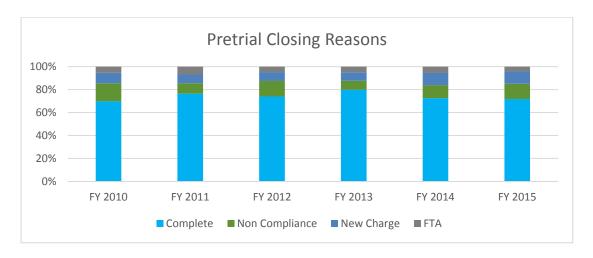
CJRC served fewer Community and Jail Based Substance Use Disorder clients in FY 2014 and 2015 due to changes in probation supervision.













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