

**Minutes for the 5/19/15 meeting of the**

**Durham County Adult Care Home Community Advisory Committee**

**May 19, 2015**

**9:00 am**

**Agenda**

- 1. Call to Order**
- 2. Welcome New Members and Introductions**  
Jennifer Ashley and Virginia Lee
- 3. Approval of Minutes for April 21, 2015 Meeting**
- 4. Old Business**
  - a. World Elder Abuse Awareness Day-June 15, 2015
- 5. New Business**
- 6. ACH Specialist's Report**
- 7. Ombudsman Report**
- 8. Visitation Reports**
  - a. Visitation Reports
  - b. Motion to Accept
  - c. Team assignments
- 9. Adjournment**

## **1. Call to Order**

Gwen Price called the meeting to order at 9:10AM.

## **2. Welcome New Members and Introductions -**

Committee Members introduced themselves to the two new ACH CAC members: Jennifer Ashley and Virginia Lee. Ms. Ashley stated that she is the executive director of A Helping Hand, a not-for-profit organization helping seniors. Ms. Ashley commented that she loves working with seniors and believes in the importance of advocacy for these folks. Ms. Ashley commented that she is excited to see how aging evolves in Durham County. Ms. Lee stated that her mother is a resident in a skilled nursing facility in Durham County. Ms. Lee stated that she has organized, managed, and attended several caregiver support programs as she has experienced the unfolding of her mother's advanced Alzheimer's disease. Ms. Lee noted that she has been active with Meals on Wheels and believes in the importance of advocacy for seniors.

Martha Simpson and Carmelita Karhoff spoke to the ACH CAC Conflict of Interest that prohibits family members of a resident in an adult care home or family care home from serving on the ACH CAC. Virginia Lewis' mother is not in either of these types of facilities and therefore has no conflict of interest. Louise Ashmore, an interested guest, has a sister in one of these types of facilities and therefore has a conflict of interest. Ms. Karhoff then described how a person can be a non-certified member of the ACH CAC, engaging with the Committee for everything but site visits. Ms. Karhoff discussed this option with Ms. Ashmore.

## **3. Approval of Minutes for April 21, 2015 Meeting**

Ms. Price noted that our beloved Secretary, Jennifer Shrewsbury, has been extremely ill for the past two weeks. Committee members commented about what a wonderful job Ms. Shrewsbury does with the minutes. Action on the April 21, 2015 minutes is deferred to a future meeting.

## **4. Old Business**

### **a. Farmer's Market Activity**

In conjunction with the nursing home CAC, the ACH CAC will host an informational table at the Durham Farmers Market, primarily intended to inform the public about Elder Abuse Awareness month. Ms. Karhoff gave a shout out to Mildred Mayes for putting together beautiful, colorful handouts about elder rights that can be distributed at the Market. Saturday, June 13, 2015 – 9A-12P. Place: 501 Foster St, Durham, NC 27701. Website: <http://www.durhamfarmersmarket.com/>. Pat Crispell, Carmelita Karhoff, Jenna Meints (maybe), Pam O'Quinn, Dana Powell, Gwen Price and Martha Simpson stated that they could be present at some point during the morning.

### **b. World Elder Abuse Awareness Day Activity**

The Durham Center for Senior Life will host elder abuse awareness activities on Elder Abuse Awareness Day. Ms. Karhoff stated that the ACH CAC is welcome to participate and distribute information, including Ms. Mayes' handouts. Monday, June 15, 2015 – approximately 9A-12P. Place: Durham Center for Senior Life, 406 Rigsbee Ave #202, Durham, NC 27701. Website: <http://www.dcsln.org/>. Ms. Karhoff, Earl Kirby, Virginia Lee, Ms. Powell, and Martha Simpson stated that they could be present at some point during the morning.

**c. Grassroots Article**

Gwen Price shared an article about elder abuse awareness from the Grassroots publication.

**d. Proclamation for Elder Abuse Awareness Day**

Gwen Price prepared and distributed a Proclamation for Elder Abuse Awareness Day, to be signed by Durham County of Commissioners Chairperson, Michael D. Page, on June 15, 2015. There was some chatter that the Durham County Department of Social Services may have something similar. Ms. Price planned to follow up with the Department about this.

**5. New Business**

None

**6. ACH Specialist Report**

Matthew Thompson, the Durham County Department of Social Services Adult Home Specialist, stated that one of the three old Atterbury family care homes near BJ's Business Services on West Main Street has been bought by a new owner and re-opened as a family care home named Max's Place. Licensed capacity is for six residents. Mr. Thompson stated that "there are no new homes in the pipeline for now." Mr. Thompson stated that Supreme is still in operations. Mr. Thompson stated that the two homes with suspended licenses because of bed bugs remain in suspended status.

**7. Ombudsman Report**

*a. Aging Well in Durham Summit – May 2, 2015*

Ms. Karhoff reported that the Aging Well in Durham Summit on was a huge success. Ms. Karhoff stated that all 250 spots were taken and that Durham residents had lined up at the door to the Summit long before doors ever opened. Ms. Karhoff thanked Pat Crispell for volunteering there with her.

*b. Senior Wellness and Health Fair – May 29, 2015*

On May 29, 2015 in the morning, there will be a Senior Wellness and Health Fair at the Durham Center for Senior Life. Activities focusing on alternative therapies will be presented, such as Tai Chi, yoga, and other movements. Ms. Karhoff stated that there will be a spotlight on the Personalized Music Program. Ms. Karhoff stated that the ACH CAC is invited to attend. Ms. Karhoff stated that she will send out a flyer to the Committee with more details.

*c. Nascent NC Aging Services Plan for 2015 - 2019*

Ms. Karhoff presented page six from the developing state-wide NC Aging Services Plan, which ultimately will outline goals and objectives for ideal elder care to be implemented state-wide 2015 - 2019. Ms. Karhoff encouraged the ACH CAC to think about goal two, which is to "enable older adults to remain independent and age in the place of their *choice* with appropriate services and supports." Ms. Karhoff emphasized the need of each Committee member to make sure that each resident is in a place of their choosing. Ms. Karhoff pushed the Committee to ascertain specifically what characteristics about a resident's place of choice enables the resident to be the best version of oneself / most enabled. Ms. Karhoff then highlighted that the ACH CAC already addresses goal four, which is to "protect the safety and rights of older and vulnerable adults, and prevent their abuse, neglect, and exploitation." Ms. Karhoff stated that tomorrow, the planning group will create objectives for each goal to finish up the Plan. Ms. Karhoff noted how even little ACH CACs like ours can influence big, state-wide elder care committees such as this.

d. Personalized Music Program Happenings

(1) Ms. Karhoff stated that Spring Arbor of Durham was one of eight recipients out of thirty-six applicant agencies to receive grant funds for implementing a personalized music program at their facilities. Ms. Karhoff spoke to the power of the Alive Inside documentary about music and memory. Ms. Karhoff stated that Spring Arbor plans to have a showing of this documentary. (2) Ms. Karhoff noted that Eno Pointe continues to use the program. (3) Ms. Karhoff stated that she has access to resources to implement the personalized music program for individual Durham County residents. Ms. Karhoff noted that just recently, three referrals were made for the program, all of which were connected with the service. Ms. Karhoff encouraged the Committee to send her referrals for appropriate recipients. (4) Ms. Karhoff noted that a door prize at the May 29 Senior Wellness and Health Fair will be a personalized music program for one resident (worth \$600-\$1,000).

e. Visitation Forms Revisions

Ms. Karhoff noted that the Visitation/Volunteer Forms were revised to correct one item that affected nursing care homes' reports. Ms. Karhoff noted how important each piece of information is on each report, commenting that the program reviewers for both the NH and ADC paid attention to everything on the forms. Ms. Karhoff noted that mileage reported on those activity reports counts as a valuable in-kind contribution.

## 8. Visitation Reports

Team 2 presented two visitation reports. Amanda Borer served as spokesperson.

a. The first report was for a visit on March 30, 2015 to Croasdaile Village adult care home. Details were presented. Census was 29 out of a licensed capacity of 30. Exit interview was with Latoya Howell, the on-site supervisor in charge. Martha Simpson made a motion to approve the report as presented. Dolores McNair seconded the motion. The report was approved by the Committee as presented.

b. The second report was for a visit on March 30, 2015 to Pickett House adult care home. Details were presented. Census was five or six out of a licensed capacity of six. Exit interview was with Ms. Ricky Hill, the on-site supervisor in charge. It was noted that the owner was present as well. Martha Simpson made a motion to approve the report as presented. Dolores McNair seconded the motion. The report was approved by the Committee as presented.

## 9. Adjournment

Martha Simpson made a motion to adjourn the meeting at 10:15am. Dolores McNair seconded. All approved.

Next ACH CAC monthly meeting will be Tuesday, June 16, 2015 at the Durham Center for Senior Life.